

# Sports premium and PE Action Plan (February 2020 Review)

2019-20

**2019-2020 Fund Allocated: £16,000 (+10 per pupil on roll)**

## GOALS

- Improving the physical literacy of all pupils with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport
- Increased opportunities for competitive sport
- Improved quality of teaching and learning in Primary Physical Education, including more dynamic exercise in lessons, that caters for all attainment levels, but ensures personal challenge and personal success
- Improvements in the quality and breadth of PE and sporting provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and reach the performances levels they are capable of
- The profile of PE and sport being raised across the school as a tool for whole school improvement
- Increased confidence, knowledge and skills of all staff in teaching PE and sport

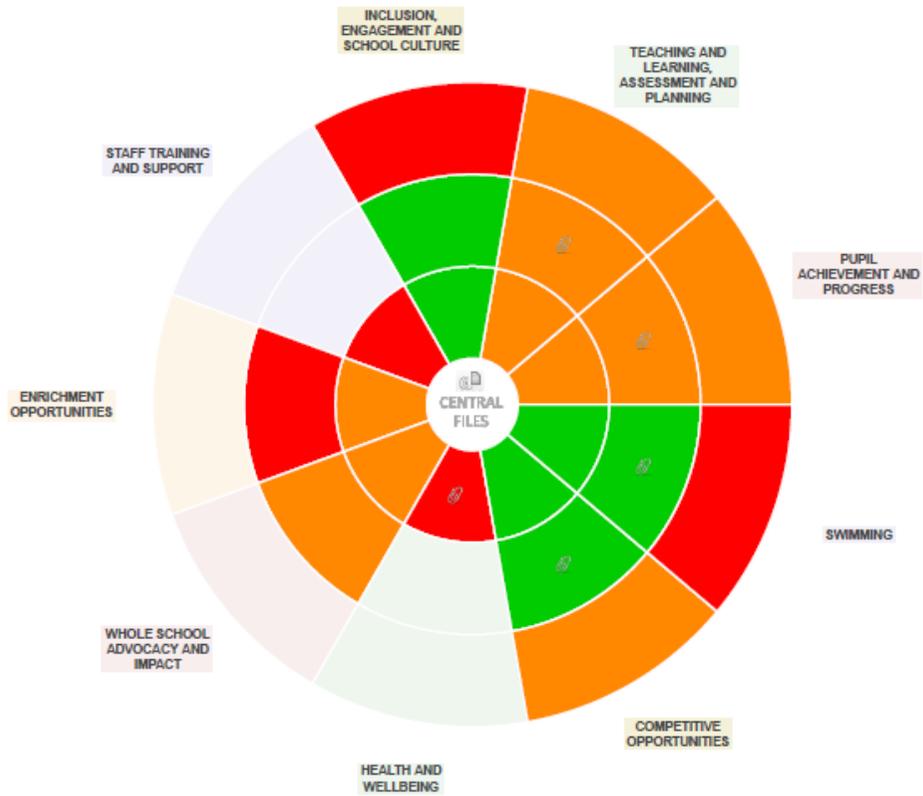
Action – what are you going to achieve?	Why do we want to achieve this?	How will this be achieved?	Cost /resource implications	Outcome/Impact/Next steps
<b>Real legacy – sustainable approach to PE</b>	Year 3 of 3 sports premium funding. No clear induction of weather funding will be renewed 2019-2020	Staff will be trained in various programs to facilities on going curriculum PE, gym family engagement and leadership.	£7050	This year the school became part of Real Legacy which gives us access to Real PE, Real Gym and Real Play because of this children will have 36 hours of Real PE and 12 weeks of gym this academic year – this has started and in place. EYFS will have access to the Real Play package. Every child will be given a pack that links to what they have been focusing on in PE. They will take these packs home where they will be able to develop their skills while having fun games to play this their families. Work with families to launch and promote this will take place in Term 5.

<p><b>Swimming – extra swimming lessons</b></p>	<p>Extra 6 lessons for children in order to help them reach the required level (25m swim)</p>	<p>Children will receive higher quality tuition at Kennet swimming pool</p>		<p>This year we took 2 KS2 classes: years 5 and 6. They were taught separately meaning they have more personalised lessons because of the fewer children in the pool at one time; this proved very effective and they had longer in the pool to develop their skills as a result. During Term 6 the 15 pupils who have been identified as having not reached 25m will receive further top up swimming sessions at Kennet.</p>
<p><b>Continue our Membership to west berks network to help the school to develop a strong like to other schools and different competitions</b></p>	<p>To promote an ongoing healthy lifestyle in PE&amp; sport to children</p>	<p>Children will be given the opportunities to perform in many different sporting events throughout the year against other schools within the local arear.</p>	<p>£1500 plus £3 per pupil on roll</p>	<p>All classes have accessed a specific programme or discipline to broaden their experience to other sports and physical activities such as archery, multi skill festival's, Paralympics and bowling. As a result, some of the disciplines will be running as enrichment clubs next academic year e.g. dance, cricket, multi-skills. This has also supported pupils to develop positive perceptions to sports and healthy lifestyles and working as part of a team.</p>
<p><b>On-going Training for new sports coordinator</b></p>	<p>To upskill staff in their confidence and delivery of physical education</p>	<p>Inset to aid staff in their knowledge of our inclusive REAL PE scheme of work</p>		<p>The whole teaching staff have received Real PE training and are being encouraged to team teach with the PE Lead to ensure pedagogy and practice is developed and to support succession planning.</p> <p>The PE Lead has attended multiple training sessions delivered by Jasmine and is being supported and mentored by the Real PE Lead Rupert Nobes. They meet termly to reflect on provision; successes and next steps.</p>
<p><b>Sports leaders</b></p>	<p>To give the older students opportunities to have a lead within Physical education and to help them to become confident and young role models to the younger students within the schools.</p>	<p>A selection of students will be chosen and presented a badge in a whole school assembly these students will be given the opportunity to help lead sports clubs and also some lessons for students within year 1&amp;2 with the assistance of the sports coordinator.</p>		<p>This was started in September 2018 and training was implemented by the Sports Coach (RN) during term 2. Year 6 pupils were made Sports Ambassadors. However due to staffing mobility and changes from Easter 2019 pupils have not been able to implement their training in more formal lessons and deliver sporting events. Therefore this needs to carry over in 2020, the PE Lead will conference pupils in Term 4 and explain the role in an assembly and then encourage pupil applications. The aim is for Sports Leaders to be in place by end of term 5.</p>

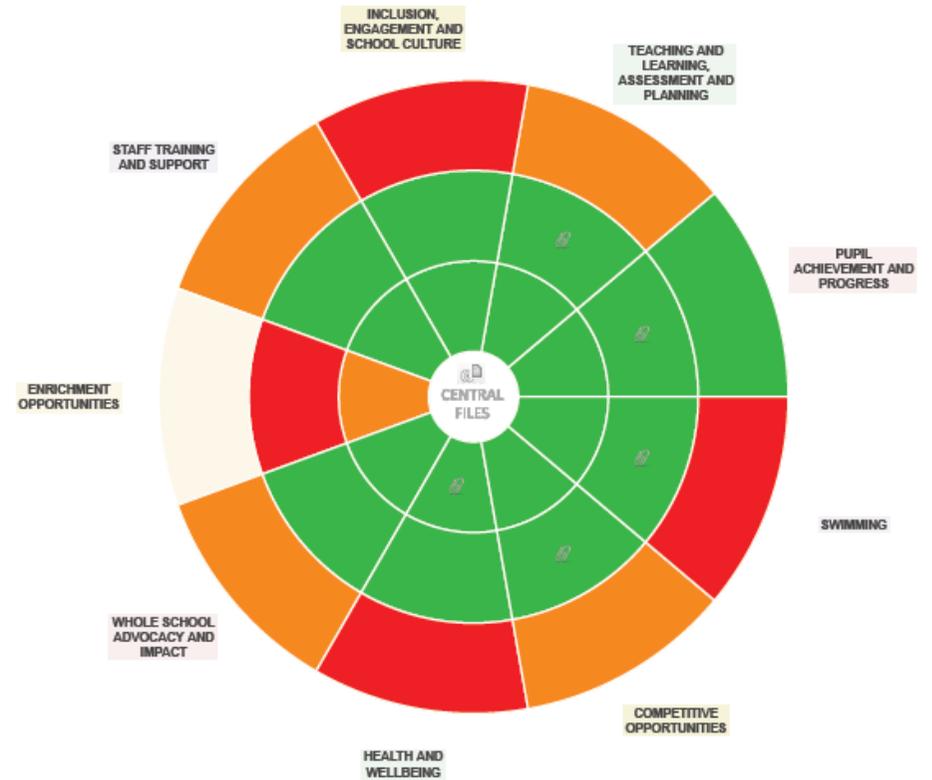
<p><b>New Tennis equipment /netball equipment / marking for playground.</b></p>	<p>To be able to provide children with the correct equipment and the correct markings to help them to understand the games gives them the opportunities to try new activities.</p>	<p>This will help children take part in different sports which can be taught within physical education and also extra curriculum clubs.</p>		<p>New nets have been ordered and site are organising marking quotations this term. PE Lead will submit quote to AHT for summer equipment such as Tennis balls this term.</p>
<p><b>Gymnastic course for new sports coordinator</b></p>	<p>To improve the confidence and delivery of gymnastics in physical education</p>	<p>The member of staff will be trained on gymnastics and how to deliver gymnastics safely and at a high standard.</p>		<p>PE Lead is working through the Real PE training is succession and as advised. Real Gym PE is planned for the spring term and then gym will be delivered in the Summer Term at Fir Tree. PE Lead will be supported by Real PE mentor with this to ensure high standards and safety of delivery.</p>
<p><b>FA course for new sports coordinator</b></p>	<p>To improve the delivery and confidents of football within physical education and within extra curriculum clubs and activates</p>	<p>The member of staff will be trained in football coaching and how to deliver strong and effective sessions to young people.</p>		<p>PE Lead is seeking training, however there have been no courses within a 25 mile radius this academic year.</p>
<p><b>Change4Life work shop with year 3</b></p>	<p>To continue to promote healthy lifestyles across the school to help the students understand the importance of a healthy lifestyle and how important it is to eat healthy and also how important exercise is.</p>	<p>Change4Life will deliver a work shop to the year 3 class within the autumn Term.</p>	<p>Free</p>	<p>In term 2 the year 3 class received an afternoon session from change4life. This workshop has helped children to consider a healthier lifestyle and making healthier choices and understand the impact that this has on their health and wellbeing. As a school we will be aiming to open a healthy tuck shop at the end of term 4 that the Year 3 pupils and school council will be instrumental in setting up.</p>
<p><b>Wake and Shake</b></p>	<p>To promote an ongoing healthy lifestyle in PE&amp; sport to children</p>	<p>Children are invited along to the MUGA 3 times a week before school to do activates with JH to help the stay active and get them moving before school.</p>	<p>Free</p>	<p>Children have had the opportunity to take part in a variety of sports and physical games before school starts. This helps children to become more active and wake up before the go to class.</p>

# Fir Tree Primary School, PE Sport and Health Wheel

## September 2019 Baseline



## February 2020 Review



## **Commentary on Health Wheels:**

### **Progress:**

- Teaching staff have had 2 training days from a Real PE tutor (RN) helping them to develop their skills when teaching PE.
- Staff buy in of Real PE and transferring the skills and knowledge through the cogs across the curriculum. There are PE displays in most classrooms.
- All pupils achievement and progress is recorded on a document throughout the year helping the school see the progression of pupils in PE and their next steps.
- At the start of the academic year, the schools catering company changed. This change help the students make healthier options for their lunches.
- Promoting active lifestyles outside of PE sessions e.g. wake and shake, clubs, Real PE before school.

### **Next steps:**

- To send the current year 6 students who are unable to swim 25 metres front and back on top up sessions in the summer term.
- To open a break time tuck shop where healthy snacks will be promoted for the students, including a weekly fresh bake. Aim to start this by the end of term 4.
- In term 5 clubs will change, this means that there will be a wider range of sports pupils can take part in. This will also help include pupils who aren't part of an extracurricular club in or out of school.
- To encourage more pupils to take part in REAL PE before school in the mornings.
- Roll out Real Play
- PE Lead to take further CPD outlined above.