

## Menu Nutrition

Menu: PRI APRIL 2021 PRIMARY APRIL 2021

Seq	Product	Description	Size	Energy (kJ (kJoules))	Energy (kc (kcal)	Fat (g)	Satd FA /1 (g)	Carbohydrate (g)
10	R01752	Roast Chicken and Stuffing PRI	Ptn	507.7	121.4	2.2	0.7	11.0
20	R01743	Green salad KS2	Ptn	>31.7	>7.6	>0.1	>0.0	>1.8
30	R01463	Green salad PRI	Ptn	>26.6	>6.4	>0.0	>0.0	>1.5
40	R01805	Sweetcorn KS2	Ptn	238.5	57.0	1.1	0.2	9.4
50	R00464	Sweetcorn PRI	Ptn	198.7	47.5	0.9	0.2	7.8
60	R00493	Garlic Slice (Homemade Bidfoo	Ptn	347.3	83.0	2.4	0.6	13.8
70	R01742	Quorn Meatballs and Spaghetti	Ptn	>1191.0	>284.7	>4.7	>0.5	>50.8
80	R00277	Quorn Meatballs and Spaghetti	Ptn	>1040.4	>248.7	>4.6	>0.5	>43.4
90	R01947	Homemade Veggie Supreme Pi	Ptn	>1265.4	>302.4	>7.5	>4.5	>42.9
100	R01946	Homemade Veggie Supreme Pi	Ptn	>1054.5	>252.0	>6.2	>3.7	>35.7
110	R01266	BBQ Beans PRI	Ptn	224.8	53.7	0.2	0.0	9.4
120	R01667	BBQ Beans KS2	Ptn	306.7	73.3	0.3	0.1	12.8
130	R01666	Potato Wedges KS2	Ptn	470.7	112.5	0.3	0.0	25.8
140	R00997	Potato Wedges PRI	Ptn	376.6	90.0	0.2	0.0	20.6
150	R01261	Quorn Hot Dog PRI	Ptn	807.5	193.0	3.7	0.9	27.9
160	R01665	Halal Chicken Sausage Hot Dog	Ptn	>548.1	>131.0	>1.9	>0.7	>23.5
170	R01265	Hot Dog PRI	Ptn	1058.9	253.1	9.4	3.5	30.8
180	R01753	Roast Chicken and Stuffing KS2	Ptn	615.2	147.0	2.7	0.9	12.9
210	R01754	Halal Roast Chicken and Stuffin	Ptn	507.7	121.4	2.2	0.7	11.0
220	R01755	Halal Roast Chicken and Stuffin	Ptn	615.2	147.0	2.7	0.9	12.9
230	R01412	Lentil Veggie Loaf PRI	Ptn	>1236.3	>295.5	>3.8	>0.9	>47.9
240	R01747	Lentil Veggie Loaf KS2	Ptn	>1483.5	>354.6	>4.6	>1.1	>57.4
250	R01748	Roasties PRI	Ptn	570.8	136.4	7.6	0.6	17.0

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260	R01749	Roasties KS2	Ptn	570.8	136.4	7.6	0.6	17.0
270	R01750	Gravy PRI	Ptn	24.9	5.9	0.0	0.0	1.4
280	R01751	Gravy KS2	Ptn	33.2	7.9	0.1	0.0	1.8
290	R01756	Butter Chicken Curry PRI	Ptn	841.4	201.1	12.4	5.8	9.5
300	R01812	Butter Chicken Curry KS2	Ptn	921.1	220.2	13.2	6.1	9.8
310	R01813	Halal Butter Chicken Curry PRI	Ptn	841.4	201.1	12.4	5.8	9.5
320	R01814	Halal Butter Chicken Curry KS2	Ptn	921.1	220.2	13.2	6.1	9.8
330	R01817	Butternut Squash & Chickpea P	Ptn	>610.2	>145.9	>5.2	>0.7	>17.0
340	R01820	Butternut Squash & Chickpea P	Ptn	>670.5	>160.3	>5.6	>0.7	>18.9
350	R01764	Wholegrain Rice PRI	Ptn	672.2	160.7	1.3	0.3	36.6
360	R01765	Wholegrain Rice KS2	Ptn	821.5	196.4	1.5	0.4	44.7
370	R01621	Coconut Green Bean Stir Fry PI	Ptn	>185.6	>44.4	>4.6	>1.6	>0.4
380	R01763	Coconut Green Bean Stir Fry K	Ptn	>185.6	>44.4	>4.6	>1.6	>0.4
390	R01770	Breaded Pollock PRI	Ptn	464.4	111.0	4.3	0.4	11.6
400	R01771	Breaded Pollock KS2	Ptn	735.3	175.8	6.8	0.6	18.4
410	R01757	Cheesy Bean Wrap PRI	Ptn	1316.4	314.6	14.1	8.0	33.9
420	R01758	Cheesy Bean Wrap KS2	Ptn	1334.7	319.0	13.2	9.2	29.3
430	R01759	Chips PRI	Ptn	536.4	128.2	3.6	0.4	20.6
440	R01760	Chips KS2	Ptn	536.4	128.2	3.6	0.4	20.6
450	R00459	Peas PRI	Ptn	156.9	37.5	0.5	0.1	4.3
460	R01833	Peas KS2	Ptn	188.3	45.0	0.5	0.1	5.2
470	R01835	Mexican Slaw PRI	Ptn	225.7	53.9	3.8	0.3	5.0
480	R01837	Mexican Slaw KS2	Ptn	263.3	62.9	4.4	0.4	5.9
490	R01839	Chicken Thigh Burger PRI	Ptn	788.3	188.4	2.6	0.6	25.0
500	R01840	Chicken Thigh Burger KS2	Ptn	856.7	204.8	3.0	0.7	25.0
510	R01841	Halal Chicken Thigh Burger PRI	Ptn	788.3	188.4	2.6	0.6	25.0

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520	R01842	Halal Chicken Thigh Burger KS: Ptn	856.7	204.8	3.0	0.7	25.0
530	R01843	Crunchy Topped Macaroni Che Ptn	1495.6	357.5	11.8	5.4	48.4
540	R01845	Crunchy Topped Macaroni Che Ptn	1869.5	446.8	14.8	6.8	60.5
550	R01846	Rainbow Slaw PRI Ptn	>223.4	>53.4	>3.9	>0.3	>4.4
560	R01848	Rainbow Slaw KS2 Ptn	>279.3	>66.8	>4.9	>0.4	>5.5
570	R00820	Beef Bolognese With Wholeme: Ptn	1409.4	336.9	9.4	3.9	42.7
580	R01849	Beef Bolognese With Wholeme: Ptn	1643.7	392.9	11.3	4.6	49.2
590	R01851	Halal Beef Bolognese With Whc Ptn	1409.4	336.9	9.4	3.9	42.7
600	R01850	Halal Beef Bolognese With Whc Ptn	1643.7	392.9	11.3	4.6	49.2
610	R01795	Red Lentil Bolognese & Wholev Ptn	1639.7	391.9	8.2	3.2	60.3
620	R01794	Red Lentil Bolognese & Wholev Ptn	1967.6	470.3	9.9	3.9	72.3
630	R01213	Honey Roast Gammon PRI Ptn	414.1	99.0	5.9	1.9	2.5
640	R01784	Honey Roast Gammon KS2 Ptn	529.5	126.6	7.5	2.5	3.3
650	R01789	Halal Roast Turkey PRI Ptn	263.6	63.0	0.5	0.2	0.0
660	R01790	Halal Roast Turkey KS2 Ptn	329.5	78.8	0.6	0.2	0.0
670	R01387	Potato and Spinach Frittata PRI Ptn	650.2	155.4	8.7	2.4	7.1
680	R01793	Potato and Spinach Frittata KS2 Ptn	780.2	186.5	10.5	2.9	8.5
690	R00295	Chicken Fajita PRI Ptn	>1358.6	>324.7	>14.8	>5.9	>33.0
700	R01852	Chicken Fajita KS2 Ptn	>1498.5	>358.2	>17.1	>7.2	>33.4
710	R01854	Halal Chicken Fajitas PRI Ptn	>1358.6	>324.7	>14.8	>5.9	>33.0
720	R01853	Halal Chicken Fajita KS2 Ptn	>1498.5	>358.2	>17.1	>7.2	>33.4
730	R01855	Mixed Bean Fajita PRI Ptn	>1352.0	>323.1	>12.2	>5.1	>43.5
740	R01856	Mixed Bean Fajita KS2 Ptn	>1489.4	>356.0	>14.0	>6.2	>46.0
750	R01939	Tomato Rice Salad PRI Ptn	644.2	154.0	5.9	0.6	22.9
760	R01940	Tomato Rice Salad KS2 Ptn	805.2	192.5	7.4	0.8	28.6
770	R01861	Fish Finger Bap PRI Ptn	1267.8	303.0	13.7	2.5	34.3

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780	R01862	Fish Finger Bap KS2	Ptn	1491.6	356.5	16.1	2.8	38.9
790	R01798	Vegan Sausage Roll	Ptn	?	?	?	?	?
800	R00462	Baked Beans PRI	Ptn	171.5	41.0	0.2	0.0	6.4
810	R01859	Baked Beans KS2	Ptn	240.2	57.4	0.3	0.1	9.0
820	R01931	Sausage & Wholegrain Fusilli P	Ptn	3205.1	766.0	8.2	>2.5	40.7
830	R01934	Sausage & Wholegrain Fusilli P	Ptn	4006.3	957.5	10.2	>3.1	50.8
840	R01936	Halal Chicken Sausage Wholeg	Ptn	>1048.9	>250.7	>5.2	>2.5	>39.3
850	R01935	Halal Chicken Sausage Wholeg	Ptn	>1311.1	>313.4	>6.5	>3.1	>49.1
860	R01130	Shepherdess Pie with SP Mash	Ptn	1368.2	327.0	4.1	0.4	61.8
870	R01985	Shepherdess Pie with SP Mash	Ptn	1710.2	408.7	5.1	0.5	77.3
880	R01950	Homemade Veggie Delight Pizz	Ptn	>1133.1	>270.8	>6.2	>3.6	>40.0
890	R01951	Homemade Veggie Delight Pizz	Ptn	>1359.7	>325.0	>7.5	>4.3	>47.9
900	R00276	Cheese & Tomato Pasta Bake F	Ptn	1309.5	313.0	9.1	4.9	43.8
910	R01889	Cheese & Tomato Pasta Bake l	Ptn	1636.9	391.2	11.4	6.2	54.7
920	R01891	Veggie Sticks PRI	Ptn	>46.9	>11.2	>0.1	>0.0	>2.6
930	R01893	Veggie Sticks KS2	Ptn	>56.2	>13.4	>0.1	>0.0	>3.2
940	R01927	Lemon & Herb Roast Chicken F	Ptn	298.1	71.3	1.7	0.5	1.2
950	R01928	Lemon & Herb Roast Chicken K	Ptn	372.6	89.1	2.2	0.6	1.5
960	R01929	Halal Lemon & Herb Roast Chic	Ptn	298.1	71.3	1.7	0.5	1.2
970	R01930	Halal Lemon & Herb Roast Chic	Ptn	372.6	89.1	2.2	0.6	1.5
980	R01768	Smoked Cheese & Onion Slice	Ptn	>868.2	>207.5	>9.7	>5.0	>26.2
990	R01769	Smoked Cheese & Onion Slice	Ptn	>991.9	>237.1	>11.1	>5.7	>29.9
1000	R01612	Sticky Hoi Sin Chicken Noodles	Ptn	>1406.0	>336.0	>8.7	>1.9	>45.8
1010	R01877	Sticky Hoi Sin Chicken Noodles	Ptn	>1757.5	>420.1	>10.8	>2.3	>57.2
1020	R01904	Halal Sticky Hoi Sin Chicken Nc	Ptn	>1406.0	>336.0	>8.7	>1.9	>45.8
1030	R01906	Halal Sticky Hoi Sin Chicken Nc	Ptn	>1757.5	>420.1	>10.8	>2.3	>57.2

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104	R01899	Sweet & Sour Chicken Style Str Ptn	>1173.0	>280.3	>3.1	>0.8	>48.1
105	R01902	Sweet & Sour Chicken Style Str Ptn	>1396.6	>333.8	>2.6	>0.6	>58.7
106	R01918	Carrot Ribbons PRI Ptn	146.9	35.1	1.7	0.4	4.8
107	R01919	Carrot Ribbons KS2 Ptn	179.3	42.9	2.1	0.5	5.8
108	R01879	Fishcakes PRI Ptn	1000.0	239.0	11.5	1.1	24.1
109	R01880	Fishcakes KS2 Ptn	1500.0	358.5	17.3	1.7	36.2
110	R01909	Falafel and Houmous Wrap PRI Ptn	>467.4	>111.7	>5.9	>0.4	>11.4
111	R01908	Falafel and Hummus Wrap KS2 Ptn	>934.7	>223.4	>11.7	>0.9	>22.9
112	R01896	Minted Crushed Peas PRI Ptn	231.0	55.2	2.1	0.5	5.0
113	R01897	Minted Crushed Peas KS2 Ptn	288.7	69.0	2.6	0.6	6.3
114	R01772	Peach Melba Traybake PRI Ptn	>1475.7	>352.7	>18.4	>4.3	>42.2
115	R01299	Sticky Orange Polenta cake PR Ptn	902.9	215.8	12.0	2.8	23.8
116	R01773	Carrot and Pineapple Muffin PR Ptn	1146.1	273.9	9.7	1.1	42.1
117	R01729	Indian Kulfi Ice Cream SEC Ptn	1169.0	279.4	18.3	15.0	24.3
118	R01774	Yoghurt, Granola & Peaches PF Ptn	970.6	232.0	10.0	2.1	29.2
119	R01775	Apple Brown Betty PRI Ptn	816.1	195.1	7.4	1.8	28.5
120	R00435	Tutti Frutti Sponge PRI Ptn	1176.7	281.3	15.0	3.6	32.7
121	R01776	Custard - Mix PRI Ptn	280.8	67.1	1.6	1.0	12.3
122	R01777	Mango & Coconut Slice PRI Ptn	1544.6	369.2	18.9	6.8	44.3
123	R00318	Mexican Chocolate Pudding PR Ptn	733.0	175.2	8.3	2.1	21.8
124	R01779	Frozen Banana Mousse Pots PI Ptn	301.3	72.0	1.2	1.0	14.2
125	R01778	Chocolate Cornflake Crispy Bar Ptn	1168.0	279.2	12.9	3.8	37.1
126	R01460	Sweet Potato Brownie PRI Ptn	1283.1	306.7	14.4	3.7	38.4
127	R01780	Oaty Apple Crunch PRI Ptn	1046.9	250.2	10.7	2.4	33.4
128	R01782	Caramelised Bananas & Toffee Ptn	595.5	142.3	8.4	7.2	15.9
129	R01781	Sultana & Lemon Oaty Cookies Ptn	696.9	166.6	6.3	1.5	25.4

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130	R00216	HOMEMADE TOMATO SAUCE	Ptn	174.4	41.7	0.8	0.1	6.6
131	R01807	Homemade Curry Sauce	PRI Ptn	249.3	59.6	3.4	0.3	5.5
132	R00828	Sweet & Sour Sauce	Ptn	189.5	45.3	0.0	0.0	11.4
133	R01636	Roasted Carrot Houmous	Ptn	223.4	53.4	3.3	0.3	4.5
134	R00096	Basic Plain Muffin	HB Ptn	1360.6	325.2	12.1	1.4	48.4
135	R00447	HOMEMADE BREAD	PRI Ptn	495.8	118.5	2.8	0.3	19.9
136	R01559	Yoghurt & Fruit	PRI Ptn	207.7	49.6	0.8	0.5	10.4
137	R00452	Cut Fruit Portion	PRI Ptn	152.5	36.5	0.1	0.0	9.5
138	R00451	Easiyo Yoghurt 100ml	KS2 Ptn	47.1	11.3	0.6	0.4	0.9

Seq	Product	Description	Size	NME Sugar (g)	NSP (g)	AOAC fibre (g)	Protein (g)	Iron (mg)
10	R01752	Roast Chicken and Stuffing	PRI Ptn	0.0	>0.5	0.5	13.9	0.6
20	R01743	Green salad	KS2 Ptn	?	?	>0.0	>0.4	>0.0
30	R01463	Green salad	PRI Ptn	?	?	>0.0	>0.4	>0.0
40	R01805	Sweetcorn	KS2 Ptn	1.1	0.9	0.9	2.0	0.3
50	R00464	Sweetcorn	PRI Ptn	1.0	0.8	0.8	1.7	0.3
60	R00493	Garlic Slice (Homemade Bidfoo	Ptn	0.0	0.7	0.7	2.2	>0.3
70	R01742	Quorn Meatballs and Spaghetti	Ptn	>0.7	>3.3	>3.3	>9.1	>1.3
80	R00277	Quorn Meatballs and Spaghetti	Ptn	>0.7	>3.0	>3.0	>7.9	>1.2
90	R01947	Homemade Veggie Supreme	Pi Ptn	>0.2	>4.1	>4.1	>14.5	>0.1
100	R01946	Homemade Veggie Supreme	Pi Ptn	>0.1	>3.4	>3.4	>12.1	>0.1
110	R01266	BBQ Beans	PRI Ptn	4.5	2.1	2.1	2.5	0.6
120	R01667	BBQ Beans	KS2 Ptn	5.8	3.0	3.0	3.5	0.9
130	R01666	Potato Wedges	KS2 Ptn	?	2.0	2.0	3.2	0.6
140	R00997	Potato Wedges	PRI Ptn	?	1.6	1.6	2.5	0.5
150	R01261	Quorn Hot Dog	PRI Ptn	>0.5	4.0	4.0	10.2	>2.5

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160	R01665	Halal Chicken Sausage Hot Doç	Ptn	?	>1.4	>1.4	>4.4	?
170	R01265	Hot Dog PRI	Ptn	>0.2	1.7	1.7	10.9	>0.2
180	R01753	Roast Chicken and Stuffing KS2	Ptn	0.0	>0.6	0.6	17.3	0.8
210	R01754	Halal Roast Chicken and Stuffin	Ptn	0.0	>0.5	0.5	13.9	0.6
220	R01755	Halal Roast Chicken and Stuffin	Ptn	0.0	>0.6	0.6	17.3	0.8
230	R01412	Lentil Veggie Loaf PRI	Ptn	>2.3	>4.9	>4.9	>18.4	>3.6
240	R01747	Lentil Veggie Loaf KS2	Ptn	>2.7	>5.9	>5.9	>22.1	>4.4
250	R01748	Roasties PRI	Ptn	>0.0	>0.0	0.0	1.7	0.0
260	R01749	Roasties KS2	Ptn	>0.0	>0.0	0.0	1.7	0.0
270	R01750	Gravy PRI	Ptn	0.0	0.0	0.0	0.0	0.0
280	R01751	Gravy KS2	Ptn	0.0	0.0	0.0	0.1	0.0
290	R01756	Butter Chicken Curry PRI	Ptn	>0.5	>1.5	1.7	13.3	1.3
300	R01812	Butter Chicken Curry KS2	Ptn	>0.5	>1.5	1.7	15.8	1.5
310	R01813	Halal Butter Chicken Curry PRI	Ptn	>0.5	>1.5	1.7	13.3	1.3
320	R01814	Halal Butter Chicken Curry KS2	Ptn	>0.5	>1.5	1.7	15.8	1.5
330	R01817	Butternut Squash & Chickpea P	Ptn	>0.4	>3.3	>3.3	>7.5	>1.1
340	R01820	Butternut Squash & Chickpea P	Ptn	>0.4	>3.7	>3.7	>8.4	>1.2
350	R01764	Wholegrain Rice PRI	Ptn	0.0	0.9	0.9	3.0	0.6
360	R01765	Wholegrain Rice KS2	Ptn	0.0	1.1	1.1	3.7	0.8
370	R01621	Coconut Green Bean Stir Fry Pl	Ptn	>0.1	>0.4	>0.4	>0.2	>0.1
380	R01763	Coconut Green Bean Stir Fry K	Ptn	>0.1	>0.4	>0.4	>0.2	>0.1
390	R01770	Breaded Pollock PRI	Ptn	?	0.9	0.9	6.0	?
400	R01771	Breaded Pollock KS2	Ptn	?	1.4	1.4	9.5	?
410	R01757	Cheesy Bean Wrap PRI	Ptn	>1.5	2.8	2.8	12.8	>1.3
420	R01758	Cheesy Bean Wrap KS2	Ptn	>1.2	14.5	14.5	13.6	>0.5
430	R01759	Chips PRI	Ptn	0.2	2.1	2.1	2.3	0.4

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440	R01760	Chips KS2	Ptn	0.2	2.1	2.1	2.3	0.4
450	R00459	Peas PRI	Ptn	0.0	2.4	2.4	2.9	0.8
460	R01833	Peas KS2	Ptn	0.0	2.8	2.8	3.4	1.0
470	R01835	Mexican Slaw PRI	Ptn	>0.0	>0.0	0.0	1.0	0.0
480	R01837	Mexican Slaw KS2	Ptn	>0.0	>0.0	0.0	1.2	0.0
490	R01839	Chicken Thigh Burger PRI	Ptn	1.8	>1.5	1.5	17.3	1.2
500	R01840	Chicken Thigh Burger KS2	Ptn	1.8	>1.5	1.5	20.5	1.4
510	R01841	Halal Chicken Thigh Burger PRI	Ptn	1.8	>1.5	1.5	17.3	1.2
520	R01842	Halal Chicken Thigh Burger KS2	Ptn	1.8	>1.5	1.5	20.5	1.4
530	R01843	Crunchy Topped Macaroni Cheese	Ptn	>0.0	>2.0	2.0	13.0	>1.0
540	R01845	Crunchy Topped Macaroni Cheese	Ptn	>0.0	>2.4	2.4	16.3	>1.2
550	R01846	Rainbow Slaw PRI	Ptn	>0.3	>0.0	>0.0	>0.6	>0.1
560	R01848	Rainbow Slaw KS2	Ptn	>0.3	>0.0	>0.0	>0.8	>0.1
570	R00820	Beef Bolognese With Wholemeal Pasta	Ptn	>0.2	>4.5	4.5	20.1	>1.7
580	R01849	Beef Bolognese With Wholemeal Pasta	Ptn	>0.2	>5.2	5.2	23.2	>1.9
590	R01851	Halal Beef Bolognese With Wholemeal Pasta	Ptn	>0.2	>4.5	4.5	20.1	>1.7
600	R01850	Halal Beef Bolognese With Wholemeal Pasta	Ptn	>0.2	>5.2	5.2	23.2	>1.9
610	R01795	Red Lentil Bolognese & Wholemeal Pasta	Ptn	>0.6	>6.2	6.2	20.1	>3.0
620	R01794	Red Lentil Bolognese & Wholemeal Pasta	Ptn	>0.7	>7.4	7.4	24.1	>3.6
630	R01213	Honey Roast Gammon PRI	Ptn	0.0	>0.0	0.0	8.6	>0.0
640	R01784	Honey Roast Gammon KS2	Ptn	0.0	>0.0	0.0	10.9	>0.0
650	R01789	Halal Roast Turkey PRI	Ptn	0.0	?	0.0	14.6	0.2
660	R01790	Halal Roast Turkey KS2	Ptn	0.0	?	0.0	18.3	0.2
670	R01387	Potato and Spinach Frittata PRI	Ptn	>0.0	>0.0	0.0	12.9	1.7
680	R01793	Potato and Spinach Frittata KS2	Ptn	>0.0	>0.0	0.0	15.5	2.0
690	R00295	Chicken Fajita PRI	Ptn	>1.5	>1.2	>1.3	>15.7	>1.4



Menu Nutrition

700	R01852	Chicken Fajita KS2	Ptn	>1.7	>1.2	>1.3	>18.5	>1.5
710	R01854	Halal Chicken Fajitas PRI	Ptn	>1.5	>1.2	>1.3	>15.7	>1.4
720	R01853	Halal Chicken Fajita KS2	Ptn	>1.7	>1.2	>1.3	>18.5	>1.5
730	R01855	Mixed Bean Fajita PRI	Ptn	>1.1	>4.6	>4.6	>12.2	>2.3
740	R01856	Mixed Bean Fajita KS2	Ptn	>1.2	>5.3	>5.3	>14.3	>2.5
750	R01939	Tomato Rice Salad PRI	Ptn	>0.3	>0.5	0.5	2.6	0.2
760	R01940	Tomato Rice Salad KS2	Ptn	>0.4	>0.6	0.6	3.3	0.3
770	R01861	Fish Finger Bap PRI	Ptn	1.8	2.1	2.1	11.3	>0.8
780	R01862	Fish Finger Bap KS2	Ptn	1.8	2.3	2.3	14.6	>0.8
790	R01798	Vegan Sausage Roll	Ptn	?	?	?	?	?
800	R00462	Baked Beans PRI	Ptn	1.3	2.1	2.1	2.4	0.6
810	R01859	Baked Beans KS2	Ptn	1.8	2.9	2.9	3.4	0.8
820	R01931	Sausage & Wholegrain Fusilli P	Ptn	>0.7	>4.8	128.5	18.1	>0.5
830	R01934	Sausage & Wholegrain Fusilli P	Ptn	>0.9	>5.9	160.6	22.7	>0.6
840	R01936	Halal Chicken Sausage Wholeg	Ptn	>0.7	>4.8	>4.8	>10.7	>0.5
850	R01935	Halal Chicken Sausage Wholeg	Ptn	>0.9	>5.9	>5.9	>13.3	>0.6
860	R01130	Shepherdess Pie with SP Mash	Ptn	>0.0	>2.7	2.7	14.9	3.9
870	R01985	Shepherdess Pie with SP Mash	Ptn	>0.0	>3.4	3.4	18.7	4.8
880	R01950	Homemade Veggie Delight Pizz	Ptn	>0.3	>3.8	>3.8	>13.5	>0.1
890	R01951	Homemade Veggie Delight Pizz	Ptn	>0.4	>4.6	>4.6	>16.2	>0.1
900	R00276	Cheese & Tomato Pasta Bake F	Ptn	>0.7	>3.0	3.0	13.4	>1.2
910	R01889	Cheese & Tomato Pasta Bake l	Ptn	>0.9	>3.8	3.8	16.7	>1.5
920	R01891	Veggie Sticks PRI	Ptn	?	?	>0.0	>0.3	>0.0
930	R01893	Veggie Sticks KS2	Ptn	?	?	>0.0	>0.4	>0.0
940	R01927	Lemon & Herb Roast Chicken F	Ptn	>0.0	>0.1	0.1	12.7	0.5
950	R01928	Lemon & Herb Roast Chicken K	Ptn	>0.0	>0.2	0.2	15.9	0.7

## Menu Nutrition

960	R01929	Halal Lemon & Herb Roast Chic Ptn	>0.0	>0.1	0.1	12.7	0.5
970	R01930	Halal Lemon & Herb Roast Chic Ptn	>0.0	>0.2	0.2	15.9	0.7
980	R01768	Smoked Cheese & Onion Slice Ptn	>0.0	>1.2	>1.2	>4.4	>0.1
990	R01769	Smoked Cheese & Onion Slice Ptn	>0.0	>1.3	>1.3	>5.0	>0.1
1000	R01612	Sticky Hoi Sin Chicken Noodles Ptn	>0.7	>1.8	>1.9	>19.5	>1.6
1010	R01877	Sticky Hoi Sin Chicken Noodles Ptn	>0.9	>2.3	>2.4	>24.4	>2.1
1020	R01904	Halal Sticky Hoi Sin Chicken Nc Ptn	>0.7	>1.8	>1.9	>19.5	>1.6
1030	R01906	Halal Sticky Hoi Sin Chicken Nc Ptn	>0.9	>2.3	>2.4	>24.4	>2.1
1040	R01899	Sweet & Sour Chicken Style Str Ptn	>3.0	>5.8	>5.8	>14.5	>1.5
1050	R01902	Sweet & Sour Chicken Style Str Ptn	>3.9	>6.0	>6.0	>18.5	>1.8
1060	R01918	Carrot Ribbons PRI Ptn	>0.0	>0.0	0.0	0.5	>0.0
1070	R01919	Carrot Ribbons KS2 Ptn	>0.0	>0.0	0.0	0.5	>0.0
1080	R01879	Fishcakes PRI Ptn	0.0	1.7	1.7	8.9	0.0
1090	R01880	Fishcakes KS2 Ptn	0.0	2.6	2.6	13.4	0.0
1100	R01909	Falafel and Houmous Wrap PRI Ptn	?	>1.1	>1.5	>2.8	>0.0
1110	R01908	Falafel and Hummus Wrap KS2 Ptn	?	>2.2	>2.9	>5.7	>0.0
1120	R01896	Minted Crushed Peas PRI Ptn	>0.0	>2.4	2.4	2.9	>0.8
1130	R01897	Minted Crushed Peas KS2 Ptn	>0.0	>2.9	2.9	3.6	>1.0
1140	R01772	Peach Melba Traybake PRI Ptn	>26.1	>1.1	>1.1	>3.7	>0.8
1150	R01299	Sticky Orange Polenta cake PR Ptn	>13.3	>0.5	0.5	2.6	>0.4
1160	R01773	Carrot and Pineapple Muffin PR Ptn	>17.7	>1.3	1.3	4.1	0.8
1170	R01729	Indian Kulfi Ice Cream SEC Ptn	17.9	0.1	0.1	4.0	0.2
1180	R01774	Yoghurt, Granola & Peaches PF Ptn	10.3	2.7	2.7	5.1	1.4
1190	R01775	Apple Brown Betty PRI Ptn	13.1	3.1	3.1	2.5	>0.7
1200	R00435	Tutti Frutti Sponge PRI Ptn	17.3	0.8	0.8	3.4	>0.7
1210	R01776	Custard - Mix PRI Ptn	6.3	0.0	0.0	1.0	0.0

## Menu Nutrition

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122	R01777	Mango & Coconut Slice PRI	Ptn	21.9	2.7	2.7	4.1	>1.1
123	R00318	Mexican Chocolate Pudding PR	Ptn	>14.2	1.3	1.3	2.6	>1.3
124	R01779	Frozen Banana Mousse Pots PI	Ptn	>6.8	>0.0	0.0	1.6	0.0
125	R01778	Chocolate Cornflake Crispy Bar	Ptn	21.2	1.4	1.4	3.0	>3.5
126	R01460	Sweet Potato Brownie PRI	Ptn	>28.3	>2.9	2.9	4.6	>3.4
127	R01780	Oaty Apple Crunch PRI	Ptn	8.0	3.0	3.0	3.4	>1.0
128	R01782	Caramelised Bananas & Toffee	Ptn	>9.6	>0.0	0.0	1.5	0.1
129	R01781	Sultana & Lemon Oaty Cookies	Ptn	>13.4	>0.8	0.8	1.6	>0.4
130	R00216	HOMEMADE TOMATO SAUCE	Ptn	>0.7	>1.5	1.5	2.2	0.5
131	R01807	Homemade Curry Sauce PRI	Ptn	>0.4	>1.2	1.2	2.1	0.3
132	R00828	Sweet & Sour Sauce	Ptn	4.0	0.3	0.3	0.2	>0.3
133	R01636	Roasted Carrot Houmous	Ptn	?	?	0.8	1.2	>0.0
134	R00096	Basic Plain Muffin HB	Ptn	20.8	1.3	1.3	4.9	0.8
135	R00447	HOMEMADE BREAD PRI	Ptn	>0.0	0.8	0.8	3.0	0.9
136	R01559	Yoghurt & Fruit PRI	Ptn	>0.0	>0.1	>0.1	1.1	>0.0
137	R00452	Cut Fruit Portion PRI	Ptn	>0.0	>0.0	0.9	>0.2	>0.0
138	R00451	Easiyo Yoghurt 100ml KS2	Ptn	?	?	?	0.6	?

Seq	Product	Description	Size	Zinc (mg)	Calcium (mg)	Vitamin A (µg)	Vitamin C (mg)	Folate (µg)
10	R01752	Roast Chicken and Stuffing PRI	Ptn	1.1	12.9	33.8	0.3	7.4
20	R01743	Green salad KS2	Ptn	?	>0.0	?	>0.0	?
30	R01463	Green salad PRI	Ptn	?	>0.0	?	>0.0	?
40	R01805	Sweetcorn KS2	Ptn	0.3	2.4	0.0	0.6	12.0
50	R00464	Sweetcorn PRI	Ptn	0.3	2.0	0.0	0.5	10.0
60	R00493	Garlic Slice (Homemade Bidfoo	Ptn	>0.1	>54.1	>0.0	>0.1	>2.8
70	R01742	Quorn Meatballs and Spaghetti	Ptn	>1.0	>48.9	>36.5	>14.8	>21.7

## Menu Nutrition

80	R00277	Quorn Meatballs and Spaghetti	Ptn	>0.9	>42.5	>36.5	>14.8	>21.4
90	R01947	Homemade Veggie Supreme Pi	Ptn	>0.0	>2.3	>10.2	>4.2	>5.0
100	R01946	Homemade Veggie Supreme Pi	Ptn	>0.0	>1.9	>8.5	>3.5	>4.2
110	R01266	BBQ Beans PRI	Ptn	0.3	23.7	2.2	0.1	11.7
120	R01667	BBQ Beans KS2	Ptn	0.4	32.9	2.8	0.1	16.3
130	R01666	Potato Wedges KS2	Ptn	0.5	7.5	?	16.5	52.5
140	R00997	Potato Wedges PRI	Ptn	0.4	6.0	?	13.2	42.0
150	R01261	Quorn Hot Dog PRI	Ptn	>1.9	>116.5	>0.0	>0.0	>14.1
160	R01665	Halal Chicken Sausage Hot Dog	Ptn	?	?	?	?	?
170	R01265	Hot Dog PRI	Ptn	>0.4	>46.5	>0.0	>0.0	>1.7
180	R01753	Roast Chicken and Stuffing KS2	Ptn	1.4	15.4	40.4	0.4	9.0
210	R01754	Halal Roast Chicken and Stuffing	Ptn	1.1	12.9	33.8	0.3	7.4
220	R01755	Halal Roast Chicken and Stuffing	Ptn	1.4	15.4	40.4	0.4	9.0
230	R01412	Lentil Veggie Loaf PRI	Ptn	>1.6	>33.2	>34.6	>0.0	>25.9
240	R01747	Lentil Veggie Loaf KS2	Ptn	>1.9	>39.8	>41.5	>0.0	>31.1
250	R01748	Roasties PRI	Ptn	>0.0	0.0	>0.0	0.0	>0.0
260	R01749	Roasties KS2	Ptn	>0.0	0.0	>0.0	0.0	>0.0
270	R01750	Gravy PRI	Ptn	0.0	?	0.0	0.0	0.0
280	R01751	Gravy KS2	Ptn	0.0	?	0.0	0.0	0.0
290	R01756	Butter Chicken Curry PRI	Ptn	>1.2	65.4	>133.7	42.5	>30.1
300	R01812	Butter Chicken Curry KS2	Ptn	>1.5	68.2	>151.6	48.4	>31.6
310	R01813	Halal Butter Chicken Curry PRI	Ptn	>1.2	65.4	>133.7	42.5	>30.1
320	R01814	Halal Butter Chicken Curry KS2	Ptn	>1.5	68.2	>151.6	48.4	>31.6
330	R01817	Butternut Squash & Chickpea P	Ptn	>0.7	>62.4	>49.8	>18.6	>30.0
340	R01820	Butternut Squash & Chickpea P	Ptn	>0.7	>66.7	>50.1	>18.6	>31.1
350	R01764	Wholegrain Rice PRI	Ptn	0.8	4.5	0.0	0.0	22.1

Menu Nutrition

360	R01765	Wholegrain Rice KS2	Ptn	1.0	5.5	0.0	0.0	27.0
370	R01621	Coconut Green Bean Stir Fry Pl	Ptn	>0.0	>0.9	>0.0	>0.3	>0.3
380	R01763	Coconut Green Bean Stir Fry K	Ptn	>0.0	>0.9	>0.0	>0.3	>0.3
390	R01770	Breaded Pollock PRI	Ptn	?	?	?	?	?
400	R01771	Breaded Pollock KS2	Ptn	?	?	?	?	?
410	R01757	Cheesy Bean Wrap PRI	Ptn	>0.5	>78.5	>0.0	>0.0	>13.7
420	R01758	Cheesy Bean Wrap KS2	Ptn	>0.2	>20.3	>0.0	>0.0	>10.4
430	R01759	Chips PRI	Ptn	0.3	7.0	0.0	8.0	25.0
440	R01760	Chips KS2	Ptn	0.3	7.0	0.0	8.0	25.0
450	R00459	Peas PRI	Ptn	0.4	17.5	0.0	6.0	16.5
460	R01833	Peas KS2	Ptn	0.4	21.0	0.0	7.2	19.8
470	R01835	Mexican Slaw PRI	Ptn	>0.0	0.0	>0.0	0.0	>0.0
480	R01837	Mexican Slaw KS2	Ptn	>0.0	0.0	>0.0	0.0	>0.0
490	R01839	Chicken Thigh Burger PRI	Ptn	1.5	96.2	12.0	0.0	18.9
500	R01840	Chicken Thigh Burger KS2	Ptn	1.7	97.3	15.0	0.0	20.3
510	R01841	Halal Chicken Thigh Burger PRI	Ptn	1.5	96.2	12.0	0.0	18.9
520	R01842	Halal Chicken Thigh Burger KS	Ptn	1.7	97.3	15.0	0.0	20.3
530	R01843	Crunchy Topped Macaroni Che	Ptn	>1.1	>107.6	>0.5	>0.8	>9.8
540	R01845	Crunchy Topped Macaroni Che	Ptn	>1.3	>134.6	>0.6	>0.9	>12.3
550	R01846	Rainbow Slaw PRI	Ptn	>0.0	>1.2	>1.8	>0.0	>0.6
560	R01848	Rainbow Slaw KS2	Ptn	>0.0	>1.5	>2.3	>0.0	>0.7
570	R00820	Beef Bolognese With Wholeme	Ptn	>2.4	>17.3	>47.4	>18.2	>30.4
580	R01849	Beef Bolognese With Wholeme	Ptn	>2.8	>18.2	>47.4	>18.2	>31.8
590	R01851	Halal Beef Bolognese With Whc	Ptn	>2.4	>17.3	>47.4	>18.2	>30.4
600	R01850	Halal Beef Bolognese With Whc	Ptn	>2.8	>18.2	>47.4	>18.2	>31.8
610	R01795	Red Lentil Bolognese & Wholev	Ptn	>1.2	>25.9	>33.7	>12.5	>28.3

## Menu Nutrition

620	R01794	Red Lentil Bolognese & Wholev	Ptn	>1.4	>31.1	>40.5	>15.0	>34.0
630	R01213	Honey Roast Gammon PRI	Ptn	>0.0	>0.2	>0.0	>0.0	>0.0
640	R01784	Honey Roast Gammon KS2	Ptn	>0.0	>0.2	>0.0	>0.0	>0.0
650	R01789	Halal Roast Turkey PRI	Ptn	0.6	2.4	tr	0.0	5.4
660	R01790	Halal Roast Turkey KS2	Ptn	0.8	3.0	tr	0.0	6.8
670	R01387	Potato and Spinach Frittata PRI	Ptn	>1.1	44.5	>121.8	0.0	>45.4
680	R01793	Potato and Spinach Frittata KS2	Ptn	>1.3	53.4	>146.2	0.0	>54.5
690	R00295	Chicken Fajita PRI	Ptn	>0.8	>70.2	>63.3	>290.6	>18.3
700	R01852	Chicken Fajita KS2	Ptn	>0.9	>71.2	>76.0	>347.6	>20.3
710	R01854	Halal Chicken Fajitas PRI	Ptn	>0.8	>70.2	>63.3	>290.6	>18.3
720	R01853	Halal Chicken Fajita KS2	Ptn	>0.9	>71.2	>76.0	>347.6	>20.3
730	R01855	Mixed Bean Fajita PRI	Ptn	>0.8	>84.5	>0.0	>6.1	>29.8
740	R01856	Mixed Bean Fajita KS2	Ptn	>0.9	>88.2	>0.0	>6.2	>34.0
750	R01939	Tomato Rice Salad PRI	Ptn	>0.5	13.4	>0.0	0.2	>15.5
760	R01940	Tomato Rice Salad KS2	Ptn	>0.7	16.7	>0.0	0.2	>19.4
770	R01861	Fish Finger Bap PRI	Ptn	>0.5	>92.0	>0.0	>0.0	>13.5
780	R01862	Fish Finger Bap KS2	Ptn	>0.5	>92.0	>0.0	>0.0	>13.5
790	R01798	Vegan Sausage Roll	Ptn	?	?	?	?	?
800	R00462	Baked Beans PRI	Ptn	0.3	22.5	0.0	0.0	11.5
810	R01859	Baked Beans KS2	Ptn	0.4	31.5	0.0	0.0	16.1
820	R01931	Sausage & Wholegrain Fusilli P	Ptn	>0.2	>16.4	>36.5	>14.8	>19.9
830	R01934	Sausage & Wholegrain Fusilli P	Ptn	>0.2	>20.5	>45.6	>18.5	>24.9
840	R01936	Halal Chicken Sausage Wholeg	Ptn	>0.2	>10.5	>36.5	>14.8	>19.9
850	R01935	Halal Chicken Sausage Wholeg	Ptn	>0.2	>13.2	>45.6	>18.5	>24.9
860	R01130	Shepherdess Pie with SP Mash	Ptn	>1.6	>25.9	>5.0	0.3	>17.6
870	R01985	Shepherdess Pie with SP Mash	Ptn	>2.0	>32.4	>6.3	0.4	>22.0

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880	R01950	Homemade Veggie Delight Pizz Ptn	>0.1	>2.2	>8.5	>3.6	>5.9
890	R01951	Homemade Veggie Delight Pizz Ptn	>0.1	>2.7	>10.2	>4.3	>7.0
900	R00276	Cheese & Tomato Pasta Bake F Ptn	>0.9	>42.5	>36.5	>14.8	>21.4
910	R01889	Cheese & Tomato Pasta Bake l Ptn	>1.1	>53.2	>45.6	>18.5	>26.7
920	R01891	Veggie Sticks PRI Ptn	?	>0.0	?	>0.0	?
930	R01893	Veggie Sticks KS2 Ptn	?	>0.0	?	>0.0	?
940	R01927	Lemon & Herb Roast Chicken F Ptn	>1.0	4.6	>12.0	0.3	>5.5
950	R01928	Lemon & Herb Roast Chicken K Ptn	>1.3	5.7	>15.0	0.4	>6.9
960	R01929	Halal Lemon & Herb Roast Chic Ptn	>1.0	4.6	>12.0	0.3	>5.5
970	R01930	Halal Lemon & Herb Roast Chic Ptn	>1.3	5.7	>15.0	0.4	>6.9
980	R01768	Smoked Cheese & Onion Slice Ptn	>0.0	>1.7	>4.6	>0.0	>1.7
990	R01769	Smoked Cheese & Onion Slice Ptn	>0.1	>1.9	>5.2	>0.0	>2.0
1000	R01612	Sticky Hoi Sin Chicken Noodles Ptn	>1.7	>120.7	>27.9	>0.4	>36.4
1010	R01877	Sticky Hoi Sin Chicken Noodles Ptn	>2.2	>150.8	>34.9	>0.5	>45.5
1020	R01904	Halal Sticky Hoi Sin Chicken Nc Ptn	>1.7	>120.7	>27.9	>0.4	>36.4
1030	R01906	Halal Sticky Hoi Sin Chicken Nc Ptn	>2.2	>150.8	>34.9	>0.5	>45.5
1040	R01899	Sweet & Sour Chicken Style Str Ptn	>5.9	>122.0	>18.5	>5.7	>20.7
1050	R01902	Sweet & Sour Chicken Style Str Ptn	>4.2	>53.9	>22.2	>7.0	>42.4
1060	R01918	Carrot Ribbons PRI Ptn	?	>0.0	?	>0.0	?
1070	R01919	Carrot Ribbons KS2 Ptn	?	>0.0	?	>0.0	?
1080	R01879	Fishcakes PRI Ptn	0.0	0.0	0.0	0.0	0.0
1090	R01880	Fishcakes KS2 Ptn	0.0	0.0	0.0	0.0	0.0
1100	R01909	Falafel and Houmous Wrap PRI Ptn	?	>0.0	?	>0.0	?
1110	R01908	Falafel and Hummus Wrap KS2 Ptn	?	>0.0	?	>0.0	?
1120	R01896	Minted Crushed Peas PRI Ptn	>0.4	>17.5	>0.0	>6.0	>16.5
1130	R01897	Minted Crushed Peas KS2 Ptn	>0.4	>21.9	>0.0	>7.5	>20.6

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114	R01772	Peach Melba Traybake PRI	Ptn	>0.3	>36.8	>24.9	>2.6	>11.2
115	R01299	Sticky Orange Polenta cake PR	Ptn	>0.2	>19.3	>14.6	>0.0	>7.6
116	R01773	Carrot and Pineapple Muffin PR	Ptn	>0.4	62.0	>9.9	2.0	>11.1
117	R01729	Indian Kulfi Ice Cream SEC	Ptn	0.6	178.1	92.1	1.6	6.6
118	R01774	Yoghurt, Granola & Peaches PF	Ptn	0.9	70.4	2.4	3.3	14.7
119	R01775	Apple Brown Betty PRI	Ptn	>0.4	>26.9	>0.0	>10.0	>8.3
120	R00435	Tutti Frutti Sponge PRI	Ptn	>0.3	>31.4	>18.3	>2.1	>10.8
121	R01776	Custard - Mix PRI	Ptn	0.1	37.6	18.1	0.7	1.3
122	R01777	Mango & Coconut Slice PRI	Ptn	>0.4	>39.8	>12.2	>6.3	>10.9
123	R00318	Mexican Chocolate Pudding PR	Ptn	>0.4	>24.7	>11.0	>0.0	>6.3
124	R01779	Frozen Banana Mousse Pots PI	Ptn	>0.0	0.0	>0.0	0.0	>0.0
125	R01778	Chocolate Cornflake Crispy Bar	Ptn	>0.3	>44.5	>19.3	>0.7	>68.1
126	R01460	Sweet Potato Brownie PRI	Ptn	>0.8	>29.6	>19.5	>0.0	>8.9
127	R01780	Oaty Apple Crunch PRI	Ptn	>0.5	>31.7	>0.0	>6.0	>8.2
128	R01782	Caramelised Bananas & Toffee	Ptn	>0.1	35.0	>24.3	0.0	>0.4
129	R01781	Sultana & Lemon Oaty Cookies	Ptn	>0.1	>20.2	>0.0	>0.0	>4.0
130	R00216	HOMEMADE TOMATO SAUCE	Ptn	>0.2	10.5	>36.5	14.8	>19.9
131	R01807	Homemade Curry Sauce PRI	Ptn	>0.1	8.5	>46.4	18.4	>20.9
132	R00828	Sweet & Sour Sauce	Ptn	>0.1	>4.2	>0.0	>5.7	>0.5
133	R01636	Roasted Carrot Houmous	Ptn	?	>0.0	?	>0.0	?
134	R00096	Basic Plain Muffin HB	Ptn	0.4	75.8	12.4	0.2	13.7
135	R00447	HOMEMADE BREAD PRI	Ptn	>0.2	35.3	>0.0	>0.0	21.7
136	R01559	Yoghurt & Fruit PRI	Ptn	>0.0	24.5	>0.3	>0.3	>0.2
137	R00452	Cut Fruit Portion PRI	Ptn	>0.0	>0.7	>0.1	>0.2	>0.1
138	R00451	Easiyo Yoghurt 100ml KS2	Ptn	?	21.5	?	?	?

Seq	Product	Description	Size	Sodium (mg)	Salt (g)	Total suga (g)
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MenuNutrition: Menu Nutrition



## Menu Nutrition

10	R01752	Roast Chicken and Stuffing PRI	Ptn	264.0	0.7	0.4
20	R01743	Green salad KS2	Ptn	?	?	>1.0
30	R01463	Green salad PRI	Ptn	?	?	>0.8
40	R01805	Sweetcorn KS2	Ptn	0.6	0.0	1.1
50	R00464	Sweetcorn PRI	Ptn	0.5	0.0	1.0
60	R00493	Garlic Slice (Homemade Bidfoo	Ptn	46.5	0.1	0.5
70	R01742	Quorn Meatballs and Spaghetti	Ptn	>259.9	>0.7	>5.7
80	R00277	Quorn Meatballs and Spaghetti	Ptn	>258.9	>0.7	>5.3
90	R01947	Homemade Veggie Supreme Pi	Ptn	>2073.5	>5.2	>2.7
100	R01946	Homemade Veggie Supreme Pi	Ptn	>1727.9	>4.3	>2.3
110	R01266	BBQ Beans PRI	Ptn	137.8	0.3	4.5
120	R01667	BBQ Beans KS2	Ptn	188.5	0.5	5.9
130	R01666	Potato Wedges KS2	Ptn	10.5	0.0	0.9
140	R00997	Potato Wedges PRI	Ptn	8.4	0.0	0.7
150	R01261	Quorn Hot Dog PRI	Ptn	316.0	0.8	3.4
160	R01665	Halal Chicken Sausage Hot Dog	Ptn	>156.0	>0.4	>1.9
170	R01265	Hot Dog PRI	Ptn	436.0	1.1	3.8
180	R01753	Roast Chicken and Stuffing KS2	Ptn	312.5	0.8	0.5
210	R01754	Halal Roast Chicken and Stuffin	Ptn	264.0	0.7	0.4
220	R01755	Halal Roast Chicken and Stuffin	Ptn	312.5	0.8	0.5
230	R01412	Lentil Veggie Loaf PRI	Ptn	>433.6	>1.1	>4.0
240	R01747	Lentil Veggie Loaf KS2	Ptn	>520.3	>1.3	>4.8
250	R01748	Roasties PRI	Ptn	>0.0	>0.0	1.2
260	R01749	Roasties KS2	Ptn	>0.0	>0.0	1.2
270	R01750	Gravy PRI	Ptn	105.4	0.3	0.1

## Menu Nutrition

280	R01751	Gravy KS2	Ptn	140.6	0.4	0.1
290	R01756	Butter Chicken Curry PRI	Ptn	>65.5	>0.2	5.3
300	R01812	Butter Chicken Curry KS2	Ptn	>65.5	>0.2	5.4
310	R01813	Halal Butter Chicken Curry PRI	Ptn	>65.5	>0.2	5.3
320	R01814	Halal Butter Chicken Curry KS2	Ptn	>65.5	>0.2	5.4
330	R01817	Butternut Squash & Chickpea P	Ptn	>60.7	>0.2	>5.9
340	R01820	Butternut Squash & Chickpea P	Ptn	>60.8	>0.2	>6.1
350	R01764	Wholegrain Rice PRI	Ptn	0.5	0.0	0.6
360	R01765	Wholegrain Rice KS2	Ptn	0.6	0.0	0.7
370	R01621	Coconut Green Bean Stir Fry PI	Ptn	>0.9	>0.0	>0.2
380	R01763	Coconut Green Bean Stir Fry K	Ptn	>0.9	>0.0	>0.2
390	R01770	Breaded Pollock PRI	Ptn	192.0	0.5	0.2
400	R01771	Breaded Pollock KS2	Ptn	304.0	0.8	0.4
410	R01757	Cheesy Bean Wrap PRI	Ptn	485.5	1.2	3.0
420	R01758	Cheesy Bean Wrap KS2	Ptn	704.7	1.8	6.7
430	R01759	Chips PRI	Ptn	20.0	0.1	0.1
440	R01760	Chips KS2	Ptn	20.0	0.1	0.1
450	R00459	Peas PRI	Ptn	0.5	0.0	1.3
460	R01833	Peas KS2	Ptn	0.6	0.0	1.5
470	R01835	Mexican Slaw PRI	Ptn	>0.0	>0.0	2.2
480	R01837	Mexican Slaw KS2	Ptn	>0.0	>0.0	2.6
490	R01839	Chicken Thigh Burger PRI	Ptn	236.5	0.6	1.8
500	R01840	Chicken Thigh Burger KS2	Ptn	250.0	0.6	1.8
510	R01841	Halal Chicken Thigh Burger PRI	Ptn	236.5	0.6	1.8
520	R01842	Halal Chicken Thigh Burger KS	Ptn	250.0	0.6	1.8
530	R01843	Crunchy Topped Macaroni Che	Ptn	>218.8	>0.6	4.3

## Menu Nutrition

540	R01845	Crunchy Topped Macaroni Che	Ptn	>273.5	>0.7	5.4
550	R01846	Rainbow Slaw PRI	Ptn	>75.0	>0.2	>1.7
560	R01848	Rainbow Slaw KS2	Ptn	>93.8	>0.2	>2.2
570	R00820	Beef Bolognese With Wholeme:	Ptn	>81.5	>0.2	4.7
580	R01849	Beef Bolognese With Wholeme:	Ptn	>90.5	>0.2	5.0
590	R01851	Halal Beef Bolognese With Whc	Ptn	>81.5	>0.2	4.7
600	R01850	Halal Beef Bolognese With Whc	Ptn	>90.5	>0.2	5.0
610	R01795	Red Lentil Bolognese & Wholev	Ptn	>321.8	>0.8	6.5
620	R01794	Red Lentil Bolognese & Wholev	Ptn	>386.1	>1.0	7.9
630	R01213	Honey Roast Gammon PRI	Ptn	7700.3	19.3	2.4
640	R01784	Honey Roast Gammon KS2	Ptn	9800.4	24.5	3.2
650	R01789	Halal Roast Turkey PRI	Ptn	30.0	0.1	0.0
660	R01790	Halal Roast Turkey KS2	Ptn	37.5	0.1	0.0
670	R01387	Potato and Spinach Frittata PRI	Ptn	>148.9	>0.4	0.5
680	R01793	Potato and Spinach Frittata KS2	Ptn	>178.6	>0.5	0.6
690	R00295	Chicken Fajita PRI	Ptn	>364.9	>0.9	>3.9
700	R01852	Chicken Fajita KS2	Ptn	>402.2	>1.0	>4.1
710	R01854	Halal Chicken Fajitas PRI	Ptn	>364.9	>0.9	>3.9
720	R01853	Halal Chicken Fajita KS2	Ptn	>402.2	>1.0	>4.1
730	R01855	Mixed Bean Fajita PRI	Ptn	>418.8	>1.1	>3.4
740	R01856	Mixed Bean Fajita KS2	Ptn	>459.6	>1.2	>3.5
750	R01939	Tomato Rice Salad PRI	Ptn	>2.7	>0.0	0.5
760	R01940	Tomato Rice Salad KS2	Ptn	>3.3	>0.0	0.7
770	R01861	Fish Finger Bap PRI	Ptn	450.5	1.1	2.3
780	R01862	Fish Finger Bap KS2	Ptn	550.5	1.4	2.5
790	R01798	Vegan Sausage Roll	Ptn	?	?	?

## Menu Nutrition

800	R00462	Baked Beans PRI	Ptn	108.0	0.3	1.8
810	R01859	Baked Beans KS2	Ptn	151.2	0.4	2.5
820	R01931	Sausage & Wholegrain Fusilli P	Ptn	>637.0	>1.6	>5.1
830	R01934	Sausage & Wholegrain Fusilli P	Ptn	>796.3	>2.0	>6.4
840	R01936	Halal Chicken Sausage Wholeg	Ptn	>333.4	>0.8	>5.1
850	R01935	Halal Chicken Sausage Wholeg	Ptn	>416.8	>1.0	>6.4
860	R01130	Shepherdess Pie with SP Mash	Ptn	>440.0	>1.1	6.8
870	R01985	Shepherdess Pie with SP Mash	Ptn	>550.0	>1.4	8.5
880	R01950	Homemade Veggie Delight Pizz	Ptn	>1751.5	>4.4	>2.2
890	R01951	Homemade Veggie Delight Pizz	Ptn	>2101.8	>5.3	>2.7
900	R00276	Cheese & Tomato Pasta Bake F	Ptn	>422.8	>1.1	5.3
910	R01889	Cheese & Tomato Pasta Bake l	Ptn	>528.5	>1.3	6.7
920	R01891	Veggie Sticks PRI	Ptn	?	?	>1.3
930	R01893	Veggie Sticks KS2	Ptn	?	?	>1.5
940	R01927	Lemon & Herb Roast Chicken F	Ptn	>54.4	>0.1	0.9
950	R01928	Lemon & Herb Roast Chicken K	Ptn	>67.9	>0.2	1.1
960	R01929	Halal Lemon & Herb Roast Chic	Ptn	>54.4	>0.1	0.9
970	R01930	Halal Lemon & Herb Roast Chic	Ptn	>67.9	>0.2	1.1
980	R01768	Smoked Cheese & Onion Slice	Ptn	>82.7	>0.2	>1.0
990	R01769	Smoked Cheese & Onion Slice	Ptn	>94.4	>0.2	>1.2
1000	R01612	Sticky Hoi Sin Chicken Noodles	Ptn	>370.9	>0.9	>6.5
1010	R01877	Sticky Hoi Sin Chicken Noodles	Ptn	>463.7	>1.2	>8.1
1020	R01904	Halal Sticky Hoi Sin Chicken Nc	Ptn	>370.9	>0.9	>6.5
1030	R01906	Halal Sticky Hoi Sin Chicken Nc	Ptn	>463.7	>1.2	>8.1
1040	R01899	Sweet & Sour Chicken Style Str	Ptn	>434.4	>1.1	>9.3
1050	R01902	Sweet & Sour Chicken Style Str	Ptn	>555.4	>1.4	>11.4

## Menu Nutrition

106	R01918	Carrot Ribbons PRI	Ptn	>13.6	>0.0	2.4
107	R01919	Carrot Ribbons KS2	Ptn	>17.0	>0.0	2.8
108	R01879	Fishcakes PRI	Ptn	512.0	1.3	0.6
109	R01880	Fishcakes KS2	Ptn	768.0	1.9	0.9
110	R01909	Falafel and Houmous Wrap PRI	Ptn	>91.2	>0.2	>2.2
111	R01908	Falafel and Hummus Wrap KS2	Ptn	>182.4	>0.5	>4.4
112	R01896	Minted Crushed Peas PRI	Ptn	>14.1	>0.0	1.8
113	R01897	Minted Crushed Peas KS2	Ptn	>17.6	>0.0	2.2
114	R01772	Peach Melba Traybake PRI	Ptn	>230.0	>0.6	>27.4
115	R01299	Sticky Orange Polenta cake PR	Ptn	>144.4	>0.4	13.4
116	R01773	Carrot and Pineapple Muffin PR	Ptn	>110.6	>0.3	20.2
117	R01729	Indian Kulfi Ice Cream SEC	Ptn	54.7	0.1	24.2
118	R01774	Yoghurt, Granola & Peaches PF	Ptn	37.9	0.1	18.9
119	R01775	Apple Brown Betty PRI	Ptn	127.5	0.3	19.7
120	R00435	Tutti Frutti Sponge PRI	Ptn	194.2	0.5	19.5
121	R01776	Custard - Mix PRI	Ptn	32.5	0.1	8.8
122	R01777	Mango & Coconut Slice PRI	Ptn	208.2	0.5	25.7
123	R00318	Mexican Chocolate Pudding PR	Ptn	106.0	0.3	14.5
124	R01779	Frozen Banana Mousse Pots PI	Ptn	>65.0	>0.2	9.1
125	R01778	Chocolate Cornflake Crispy Bar	Ptn	291.7	0.7	23.4
126	R01460	Sweet Potato Brownie PRI	Ptn	>152.4	>0.4	28.6
127	R01780	Oaty Apple Crunch PRI	Ptn	78.1	0.2	12.2
128	R01782	Caramelised Bananas & Toffee	Ptn	>12.9	>0.0	13.1
129	R01781	Sultana & Lemon Oaty Cookies	Ptn	>106.4	>0.3	14.3
130	R00216	HOMEMADE TOMATO SAUCE	Ptn	>253.9	>0.6	3.6
131	R01807	Homemade Curry Sauce PRI	Ptn	>40.0	>0.1	3.2

Menu Nutrition

132	R00828	Sweet & Sour Sauce	Ptn	51.8	0.1	10.7
133	R01636	Roasted Carrot Houmous	Ptn	?	?	1.5
134	R00096	Basic Plain Muffin HB	Ptn	138.1	0.4	22.0
135	R00447	HOMEMADE BREAD PRI	Ptn	0.5	0.0	0.1
136	R01559	Yoghurt & Fruit PRI	Ptn	>0.2	>0.0	8.2
137	R00452	Cut Fruit Portion PRI	Ptn	>0.1	>0.0	5.2
138	R00451	Easiyo Yoghurt 100ml KS2	Ptn	?	?	0.9