

# Sports premium and PE Action Plan

2021-22

**2021-2022 Fund Allocated: £17,580**

## GOALS

- We are committed to ensuring that all of our pupils enjoy sports and games activities
- Pupils understand the importance of being active and having a healthy lifestyle. We link this to mental health and wellness wherever possible, as this is a key driver for our school.
- We are an inclusive school that encourages all pupils to engage in active pursuits.
- We want to ensure that sport can take place regularly throughout the school year and that teachers have good subject knowledge.
- We also want to encourage children to take part in extra-curricular sport and try a variety of different sports and other active pursuits – both within school and through local clubs and societies.
- Finally, we want to make our school a driver for competitive sport so that all our stakeholders take pride in our sporting achievements, both in sporting values and competitive events.

**Our goal is that every child has the opportunity to represent the school, or participate in school events over and above our curriculum offer, in order to encourage a love of being active.**

Action – what are you going to achieve?	Why do we want to achieve this?	How will this be achieved?	Cost /resource implications	Outcome/Impact/Next steps
<b>Buy in to Real PE to be able to continue to access all online resources</b>	The 2-year plan of real legacy has reached its end so it is important that we continue using Real PE. All teaching staff received training throughout the year past 2 years on how to use the platform.	Real PE will be used within PE lessons giving all students access to Real PE Real Gym, Real play and also Real foundation.	TBC	

<p><b>Ethos of PE teaching through Real PE cogs transferred across the school in all aspects of learning</b></p>	<p>Emphasis on personal skills and social skills to be used across the curriculum to improve whole school improvement</p> <p>All classes in school and virtually are using a wide range of platforms to ensure children are more active,</p>	<p>Use Real PE cogs – displayed in class and reinforced through learning.</p> <p>Focus in newsletter and linked to the value of the month</p>		
<p><b>Staff more confident at teaching PE.</b></p>	<p>Developing confidence, knowledge and skills of Teaching Assistants and teachers. This will enable the TAs (including 1:1 TAs) to support during lessons and deliver sporting activities during break and lunch times.</p> <p>Furthermore, this provides Fir Tree's teaching staff with opportunities to continue their PE professional development.</p> <p>Succession planning.</p>	<p>Teaching assistants and the sports coach to work closely in developing the teaching assistant's confidence in supporting during PE lessons, focussing on how to challenge children of different abilities to a point where TAs are confident in leading small sporting activities during lunch times.</p> <p>As a result, this will provide extra sporting opportunities for children across the school day.</p> <p>Provide teachers with CPD opportunities, observing, shadowing and liaising with sports lead and sports coaches will provide teachers with the chance to implement what they have learned in a minimum on one lesson delivery of PE a term.</p> <p>Provide staff with opportunities to attend REAL PE day workshops</p> <p>Member of West Berks in school 1 day a week to work alongside staff to develop expertise and confidence – timetabled termly throughout the academic year.</p>		

<b>Sports leader training</b>	To train JH and LM how to deliver Real leader so it can be implanted within the school every year.	RN (From REAL PE) will come in for a day within the first term to work with JH and LM and a small group of year 6 students to understand and develop real leaders	Part of Real Legacy	
<b>Sports leaders/ Playtime leaders</b>	To give the older students opportunities to have a lead within Physical education and to help them to become confident and young role models to the younger students within the schools.	A selection of students from year 6 will be chosen and given the opportunity to help lead sports clubs and also some lessons for students within years 1&2 with the assistance of the sports coordinator and LM.	Part of Real Legacy	
<b>All children participate in The Daily Mile and run for enjoyment</b>	To increase the fitness levels of pupils noticeably improved.  To encourage pupils to want to run for enjoyment whilst boosting their fitness and supporting their mental well-being.	Install a proper running track on the school field that is accessible to all pupils during break and lunch times to be used at their free will.	£8000 (£798 carried forward from 20/21)	
<b>Develop children's overall well-being</b>	Children to be in good spirits at school and not exhibiting anxiety.  To build in good habits that help children to maintain positive well-being or to help them to manage times when they are feeling less well, mentally, would be of benefit through PE. In addition, habits which counter the effects of sedentary lifestyles is also important.	Introduce 'playground stations' during the morning to ensure children are getting cardiovascular activity.  Use 'What is mindfulness?' video activities from cosmic kids yoga. Cosmic kids yoga/just dance/five-a-day to be used at least twice a week in every class.  Provide lots of ideas for in class movement breaks.	£500	

<p><b>Broader range of opportunities</b></p>	<p>A greater number of children to take part in after school sports clubs and as a result more children will be physically active compared to the previous academic year.</p> <p>To target children who are more reluctant to take part in sports and getting them involved.</p> <p>To broaden opportunities even further by what clubs and enrichment we offer.</p>	<p>Extra-curricular clubs to be offered to all year groups.</p> <p>Seek staff commitment to offer something after school and /or Friday afternoons by providing further club activities through external providers.</p> <p>Prepare Year 5/6 leaders to run clubs when the pandemic ends.</p> <p>Look to purchase resources which enable us to teach a wider range of sports, such as 'archery / orienteering' etc.</p>	<p>£700</p>	
<p><b>Provide additional swimming opportunities for children who missed out due to Covid-19 to ensure children develop in order to achieve national curriculum expectations</b></p>	<p>Extra 6 lessons for children in order to help them reach the required level (25m swim)</p>	<p>Provide additional swimming opportunities for children who missed out due to Covid-19.</p> <p>Children will receive higher quality tuition at Kennet swimming pool</p>	<p>TBC</p>	
<p><b>Continue our Membership to West Berks network to help the school to develop a strong link to other schools and different competitions</b></p>	<p>To provide more opportunities for a variety of children to gain experiences of competitive sport.</p> <p>To promote sport and healthy lifestyles and to continue to establish the school as a school of excellence for sport.</p> <p>To enable pupils to access a wider range of intra-school competitions spread out across the year.</p> <p>To promote cross school challenge.</p> <p>To encourage pupils to play games against opposition who they do not know</p>	<p>Children will be given the opportunities to perform in many different sporting events throughout the year against other schools within the local area.</p> <p>Fir Tree has remained with the West Berks Network throughout the pandemic and have had coaches in to work with children, although our school is currently not participating in extracurricular activities, we hope to resume our sporting participation in the near future.</p>	<p>£2250 plus £3 per pupil on roll</p>	

<p><b>After School &amp; Lunchtime clubs</b></p>	<p>Encourage structured exercise for pupils at lunchtimes.</p> <p>Clubs to target non-active pupils.</p> <p>Continued development of sport and fitness clubs, including some afternoon „stay and play“ sessions for targeted pupils who might not attend traditional sport clubs.</p> <p>Girls only clubs to encourage participation.</p>	<p>Broader experience of a range of sports and activities offered to all pupils. The engagement of all pupils in regular physical activity.</p> <p>The profile of PE and sport is raised across the school.</p> <p>The engagement of all pupils in regular physical activity. The profile of PE and sport is raised across the school</p>	<p>Cost of Sports Lead Time</p>	
<p><b>Real Play Clubs/intervention groups</b></p>	<p>To encourage pupils who may lack confidence or an understanding how to play and share by having small intervention groups to help them develop.</p>	<p>Using the Real Play resources, a small group of children will go out with a TA and they will work through the activities to develop skills physically and socially.</p>		
<p><b>Visibility: Sport and active lifestyles must continue to be promoted in school</b></p>	<p>To provide a focus for sports/PE development in the school and to promote sports to children and parents.</p> <p>Promotion includes regular sport items in assemblies including celebrations of any school representation, active twitter account, sport promotion on the website and constant attention to retaining the School Sports Gold Award, leading to the platinum award.</p>	<p>The profile of PE and sport is raised across the school</p> <p>Children and staff to be proud of our award and to want to work towards the Gold Award.</p> <p>Continues to promote our school as a "sports school".</p>		
<p><b>Orienteering is an area for improvement.</b></p>	<p>To enable more professional orienteering opportunities to be provided on the school grounds.</p>	<p>The provision will be widely available to all pupils over a number of years and will become a part of the PE curriculum.</p>	<p>£800 for mapping, marking &amp; CPD sessions Total = £800</p>	

<b>Gymnastic course for new sports coordinator (covid dependent)</b>	To improve the confidence and delivery of gymnastics in physical education from the Sports Lead	The member of staff will be trained on gymnastics and how to deliver gymnastics safely and at a high standard.	TBC	
<b>FA course for new sports coordinator (covid dependent)</b>	To improve the delivery and confidence of football within physical education and within extra curriculum clubs and activities delivered by the Sports Lead.	The member of staff will be trained in football coaching and how to deliver strong and effective sessions to young people.	TBC	
<b>To promote a healthy lifestyle within the school.</b>	To help promote a healthy eating and a healthy lifestyle.  To give pupils a sense of responsibility and community.	Children from year 6 will run the tuck shop at break time.  Termly competitions across the school). Each child who brings a fruit or vegetable for break time, earns a point for their class. At the end of each term, the class receives a sporting/ healthy lifestyle prize.  Pupils will make healthier food choices	£200 set up fees will be donated by the PTA for the Tuck Shop  £300 for prizes	