

Sports Premium and PE Action Plan (Summer Term Review 2023)



2022-23

2022-2023 Fund Allocated: £17,580

GOALS

- We are committed to ensuring that all of our pupils enjoy sports and games activities
- Pupils understand the importance of being active and having a healthy lifestyle. We link this to mental health and wellness wherever possible, as this is a key driver for our school.
- We are an inclusive school that encourages all pupils to engage in active pursuits.
- We want to ensure that sport can take place regularly throughout the school year and that teachers have good subject knowledge.
- We also want to encourage children to take part in extra-curricular sport and try a variety of different sports and other active pursuits – both within school and through local clubs and societies.
- Finally, we want to make our school a driver for competitive sport so that all our stakeholders take pride in our sporting achievements, both in sporting values and competitive events.

Our goal is that every child has the opportunity to represent the school, or participate in school events over and above our curriculum offer, in order to encourage a love of being active.

Key achievements to date: Summer 2023

- REAL PE Leaders in role
- Pupils' have accessed other sports and games in their Free play, which they have enjoyed
- All of KS2 have participated in Swimming this academic year.
- Increased participation in internal and external competitions this academic year.
- Whole school training through Learning through Landscapes
- Wider club offer at Fir Tree
- Improved resources and accessed by all.

Meeting national curriculum requirements for swimming and water safety July 2023

What percentage of Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	56.6 %
What percentage of Year 6 pupils could use a range of strokes effectively (for example, front crawl, backstroke and breaststroke) when they left Fir Tree Primary School at the end of last academic year?	40 %
What percentage of Year 6 pupils could perform safe self-rescue in different water-based situations when they left Fir Tree Primary School at the end of last academic year?	30 %
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Action – what are you going to achieve?	Why do we want to achieve this?	How will this be achieved?	Cost /resource implications	Outcome/Impact/Next steps
Embedding physical activity into the school day through, active break times, lunchtime clubs, active lessons and teaching.	<p>Increased pupil physical activity across school.</p> <p>Broadened opportunities through clubs and enrichment we offer.</p> <p>Greater number of children to take part in after school sports clubs and as a result more children will be physically active compared to the previous academic year and more on offer for all year groups</p>	<p>Across school, teaching incorporates regular 'active' movement breaks into lessons, and interactive learning.</p> <p>To target children who are more reluctant to take part in sports and getting them involved.</p> <p>Encourage structured exercise for pupils at lunchtimes. We are able to do this by offer lunch time sports clubs to promote a healthy life style</p> <p>Clubs to target non-active pupils.</p> <p>Continued development of sport and fitness clubs, including some afternoon "stay and play" sessions for targeted pupils who might not attend traditional sport clubs.</p> <p>Girls only clubs to encourage participation, including football</p>	£185	<p>Children continue to use markings on playground to complete lots of different activities and games that the children can follow along and join in with. Children have also continued to use the golden mile footprints on the playground with lessons and during play times. KS1 children have been following along in cosmic yoga session videos to help promote a healthy mind and life style.</p> <p>Within the summer term we will offer a new selection of clubs to interest all children</p> <p>We have had a larger number of girls joining in afterschool clubs within term 3</p> <p>Within term 4 we have introduced a walk and talk club during lunch time to help promote a healthy lifestyle and to gain key social skills</p> <p>Within the summer term we introduced a different sport every week at break and lunch times this allowed the children to develop skills in different areas of different sports rather than just playing football at breaks.</p> <p>Within term 5 we have seen an increase in the numbers of upper KS1 students join in sports clubs after school.</p>
Ethos of PE teaching through Real PE cogs transferred across the school in all aspects of learning	<p>Emphasis on personal skills and social skills to be used across the curriculum to improve whole school improvement</p> <p>All classes in school and virtually are using a wide range of platforms to ensure children are more active,</p>	<p>Continue to use and embed Real PE at Fir Tree. It will be used within PE lessons giving all students access to Real PE Real Gym, Real play and also Real foundation.</p> <p>Use Real PE cogs – displayed in class and reinforced through learning.</p> <p>Focus in newsletter and linked to the value of the month</p>	£834	<p>The PE cogs focus and promote the following aspects: Social, Cognitive, Health and fitness, Personal, Creative and Physical. All lessons focus on these aspects and these are shared with and reflected upon in lessons with the children. The children are able to discuss the elements of the cogs within PE. Pupils have personal goals and socially they are work well together in lessons. At Fir Tree we promote physical, healthy lifestyles and encourage the children to be active particularly in break times- this has been weaved into the curriculum through JIGSAW PSHE but also through our UNICEF Respecting the Rights of the Child focus and articles.</p> <p><u>Next steps:</u></p> <ul style="list-style-type: none"> • Focus in newsletter and linked to the value of the month – suggesting a physical activity to try at home. • PE Lead to pupil conference children about the cogs and how they support them more widely including their curriculum

<p>Provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across school.</p>	<p>Higher quality lessons delivered, less waiting time for activities in class, greater opportunities for differentiation</p>	<p>Staff training, replacement, replenishment and buying additional equipment reviewed regularly and attended to as needed.</p>	<p>CPD costs/ Release Time</p>	<p>This academic year we have had more teachers delivering PE sessions to their classes. They have used the Real PE scheme and plans and been supported by the PE Lead prior to delivery.</p> <p>During lessons TAs and 1:1TAs work with small groups of children during lessons to help develop skills and confidence and are always actively involved.</p> <p><u>Next steps:</u></p> <ul style="list-style-type: none"> • Provide staff with opportunities to attend REAL PE day workshops • Member of West Berks in school 1 day a term to work alongside staff to develop expertise and confidence – timetabled termly throughout the academic year – PE Lead is currently organising this. • Look at more sporting provision and opportunities to take place across the school day e.g. lunchtime clubs • Previously, TAs have shown interest in expanding their knowledge within PE, not only joining in in lessons and supporting PE learning but many of our TAs chose to run sports afterschool clubs last year – PE Lead to facilitate this again for the Summer Term
<p>Organise, coordinate or enter more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.</p>	<p>Greater attendance at sporting competitions for more pupils.</p> <p>To promote sport and healthy lifestyles and to continue to establish the school as a school of excellence for sport.</p> <p>To enable pupils to access a wider range of intra-school competitions spread out across the year.</p> <p>To promote cross school challenge. To encourage pupils to play games against opposition who they do not know.</p>	<p>Broader experience of a range of sports and activities offered to all pupils. Increased participation in competitive sport</p> <p>PE lead in school to facilitate.</p> <p>Run and attend a wide variety of competitions & events</p>	<p>2700/leadership time</p>	<p>This year we have attended a large number of competitions and will continue to do this in to the next term across a range of sports and disciplines within the Trust and Local Authority. We are yet to host an event but the PE Lead has been in contact with local schools and is working on gathering teams for an event at Fir Tree.</p> <p>Due to us attending a large number of events a new school sports kit has been purchased for the children to wear when they represent the school and sponsorship has been facilitated.</p> <p>Within the summer term a house dodge ball competition helped to promote healthy competition within the school.</p> <p>Within term 4, 2 football goals were purchased and have been used within football clubs and at playtimes</p>

Encourage pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)	<p>Ownership over PE, their personal fitness, improved communication and social interaction skills. Developing pupil independence and confidence.</p>	<p>Pupils have the opportunity, during their time at Fir Tree, to lead PE activities for both their peers and others in school through intraschool competitions and breaktimes as part of the REAL Legacy.</p> <p>Pupils are also able to volunteer as Sports Leaders to support competitions alongside the sports coordinator</p> <p>Pupils from year 5 and 6 will take part in a real leader's course ran by sports coordinator over 10 weeks where they will develop skills to run their own sessions for younger students.</p>	<p>Part of Real Legacy</p>	<p>After SATS a group of year 5/6 will take part in a real leader session once a week with JH to help develop skills.</p> <p>When the course has been completed children will have the chance to run clubs at lunch time for KS1 as well as host FUN stations/ competitions within school</p> <p>Within term 6, a group of 7 years 5 children completed real leaders training they will now help out at events such as sports day and will run play times sessions with KS1 to facilitate games and play and support pupils with their skills and confidence.</p>
To provide CPD opportunities for members of staff to increase levels of confidence and subject knowledge particularly in football and gymnastics	<p>To improve the confidence and delivery of gymnastics in physical education from the Sports Lead</p> <p>To improve the delivery and confidence of football within physical education and within extra curriculum clubs and activities delivered by the Sports Lead.</p>	<p>The member of staff will be trained on gymnastics and how to deliver gymnastics safely and at a high standard. Safe practice disseminated to all and pupils enjoy their lessons and their skills effectively develop.</p> <p>The member of staff will be trained in football coaching and how to deliver strong and effective sessions to young people to ensure that their skills effectively develop</p>	<p>CPD costs/ Release Time</p>	<p>PE lead has sought an FA Training course and presently getting this booked and registered. and Gymnastic training. There are no gymnastic courses within 103 miles.</p>

Raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2.	<p>By taking children swimming from year 3 upwards it will help them understand the fundamentals and make them more confident meaning when they come to leave in year 6 an increased number of students will be meeting the national curriculum.</p>	<p>Student from year 3,4,5 and 6 will be go to Kennet for swimming sessions where groups will be smaller meaning children will have more focused teaching This will be timetabled all year by term and two classes will attend weekly with top up swimming for Year 6 pupils in the summer term.</p> <p>Funding to cover shortfall in order for all pupils to swim weekly.</p>	<p>£2160 swimming (Subsidised costs for parents)</p>	<p>All children from Years 5 and 6 completed their 10 swimming sessions before Christmas, pupils who require top up have been identified and this will be undertaken in the Summer Term. Years 3 and 4 are currently doing their 10 sessions at Kennet and are enjoying lessons.</p> <p>Top up sessions have taken place for those children who didn't meet the NC expectations in Year 6. These are provided in smaller groups to help focus on those individuals and has had some impact.</p>
Develop a Forest School Provision at Fir Tree	<p>Increased participation in an active lifestyle.</p> <p>Increased accessibility for non-ambulant pupils.</p> <p>Pupils are more active during learning time.</p> <p>Pupils can build up physical strength, confidence and independence.</p> <p>More active play during playtimes and lunchtimes.</p> <p>Pupils enjoy and experience the outdoors learning social, physical and life skills.</p> <p>Provide outdoor opportunities to pupils who may not experience these.</p>	<p>Working alongside the PSHE Lead/ Outdoor Learning Lead and Site Manager develop an outdoor forest area on site.</p> <p>Facilitate CPD for all staff to understand how forest school adds to the curriculum and learning.</p> <p>To ensure regular opportunities are planned and linked to the curriculum</p> <p>Forest School Club to be in place by the end of the academic year.</p>		<p>Sports Lead has met with partnering schools and observed a Forest School provision in action. All staff have had staff meeting with Learning through Landscapes to help them develop skills on teaching their lessons/curriculum outside.</p> <p>Sports lead went and looked at forest schools and will work with Learning through Landscape training team to develop this further within the new school year within the Fir Tree grounds.</p>

<p>Through continued membership to West Berks network maintain a high visibility of sport and active lifestyles.</p> <p>To develop a strong links to other schools and different competitions</p>	<p>Annual membership allows us to have access to a broader range of sports and to take part in a wide range of competitions and events across the year.</p> <p>To promote cross school challenge.</p> <p>To encourage pupils to play games against opposition who they do not know</p> <p>Promotion includes regular sport items in assemblies including celebrations of any school representation, active twitter account, sport promotion on the website and constant attention to retaining the</p> <p>School Sports Gold Award, leading to the platinum award.</p>	<p>Pupils have the opportunity to learn new skills and sports.</p> <p>Pupils have the opportunity to compete with pupils from other special schools in the local area.</p> <p>Improvement in physical wellbeing, confidence, and social and communication skills</p> <p>The profile of PE and sport is raised across the school</p> <p>Children and staff to be proud of our award and to want to work towards the Gold Award.</p> <p>Continues to promote our school as a "sports school".</p>	<p>£2618</p>	<p>Membership has continued as planned and we have been able to offer children the opportunity to take partake in a large number of competitive sports and fixtures as well as being able to offer a wide range of children the chance to represent the school in fun festivals/events. This has given our pupils more cultural capital and an interest in other sports as well as additional experiences and new found skills.</p> <p>Within terms 5 and 6, KS2 students were able to partake in a number of athletics competition events both internally and externally and represented the school well, showing resilience, determination and a competitive nature.</p>
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<p>Broader range of opportunities through After School & Lunchtime clubs and in house events</p>	<p>A greater number of children to take part in after school sports clubs and as a result more children will be physically active compared to the previous academic year and more on offer for all year groups</p> <p>To target children who are more reluctant to take part in sports and getting them involved.</p> <p>To broadening opportunities even further by what clubs and enrichment we offer.</p> <p>Encourage structured exercise for pupils at lunchtimes. Clubs to target non-active pupils.</p> <p>Continued development of sport and fitness clubs, including some afternoon "stay and play" sessions for targeted pupils who might not attend traditional sport clubs.</p> <p>Girls only clubs to encourage participation, including football</p>	<p>Broader experience of a range of sports and activities offered to all pupils. The engagement of all pupils in regular physical activity.</p> <p>The profile of PE and sport is raised across the school.</p> <p>The engagement of all pupils in regular physical activity. The profile of PE and sport is raised across the school</p> <p>Extra-curricular clubs to be offered to all year groups.</p> <p>Seek staff commitment to offer something after school and /or Friday afternoons by providing further club activities through external providers.</p> <p>Prepare Year 5/6 leaders to run clubs when the pandemic ends.</p> <p>Look to purchase resources which enable us to teach a wider range of sports, such as 'archery / orienteering' etc.</p> <p>Offering lunch time clubs will help children have structured exercise and help to continue to promote a healthy lifestyle</p>	<p>£866</p>	<p>Within KS2 we have had a large number of children sign up to at least one club, including sports clubs. We would like to continue this within the next term by offering a new selection of summer sports clubs which will target those children who aren't part of a club. During this term a walk and talk club has been introduced to help promote a healthy lifestyle at lunchtime.</p> <p>During lunch times KS1 have been provided with different sporting equipment each week to help develop fundamental skills and promote interest in different sporting activates</p> <p>During term 6, real leaders held FUN stations for the children to participate in helping promote healthy lifestyle.</p> <p>Within the summer term the clubs on offer were increased by the wider staff to interest children in new sports and uptake was good. However moving forward we would like to encourage Reception more from the Spring Term onwards in 23/24.</p>
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Real Play Clubs/intervention groups to tackle low confidence pupils	To encourage pupils who may lack confidence or an understanding how to play and share by having small intervention groups to help them develop. This is done by them developing physical and social skills through playing.	Using the Real Play resources, a small group of children will go out with a TA and they will work through the activities on real play.	Part of real legacy	TAs have been given small groups of children who lack confidence in sports and team games and have worked together to help build confidence as well as working as a team where required.
Continue to develop Orienteering at Fir Tree	To embed the orienteering resources we have implemented at Fir Tree to help continue a healthy lifestyle and also give children skills and the opportunity to use in their social time.	The provision will be widely available to all pupils over a number of years and will become a part of the PE curriculum with potential for extra curriculum clubs.	£1834	<p>Within Term 5 all students within KS2 will have planned sessions using the cross curricular orienteering mapping installed in the Fir Tree Grounds. Within term 5 we intend to offer an orienteering club. This will develop skills and promote a new activity as well as being cross curricular.</p> <p>During term 6 KS2 have had orienteering sessions within PE lessons to help them develop map skills as well as team work skills. The children have been given the map to keep and are able to use it within their break times to develop independently.</p> <p>Next year an Orienteering club will be introduced now the children have developed skills within their lessons.</p>
Membership with NDPSFA	This gives children the opportunity to represent the school in football matches and tournaments	Boys and girls from all age groups will have the opportunity to play competitive football against other schools	£125	<p>Children have been able to attend a range of competitive football fixtures since Christmas, they have demonstrated Fir Tree Values and enjoyment, even with no successes at times.</p> <p>With the purchase of new additional goals, it gives children more areas to play football developing their knowledge and social skills at break times.</p>

Audit and purchase additional play time equipment	<p>To ensure that all students have the correct equipment to use during PE lessons and within extra curriculum clubs.</p> <p>To help to continue to promote the importance of a healthy life style and develop social skills at break times ensure pupils have a wealth of resources to use to facilitate games and to be active.</p>	<p>Equipment will be ordered for all classes which they are responsible for and for them to use during paly time and lunch time.</p> <p>Gazebos for sporting events and safety</p> <p>Goals will be ordered for the new term for the children to use as well as being used for afterschool clubs and fixtures</p>	<p>£820</p>	<p>Play time equipment has been ordered for all year groups which they are responsible for keeping safe. They use the equipment to continue to develop heathy social skills and a healthy life style, whilst also playing which other well developing collaboration and a supporting nature.</p> <p>The 4 gazebos have been used for different sports events such as quad kids and sports day as well as other school events</p> <p>More new Equipment has been ordered and will be ready for the start of the new year.</p>
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