

Spring/Summer
2019

FOOD FESTIVAL

By Aspens

w/c 25th Feb, 18th Mar, 8th Apr, 29th Apr, 20th May, 10th Jun, 1st Jul, 22nd Jul, 12th Aug, 2nd Sept, 23rd Sep

WEEK ONE

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Main Event	Loaded Mac n Cheese and Garlic Focaccia Cheesy pasta with a herby breadcrumb topping and loads more ...	Bangers and Mash Thick pork and beef sausages with creamy mashed potato and gravy ▲	Roast Beef and Gravy with Roasties Slow roasted beef with crispy roasties and gravy ▲	Chinese Chicken Noodles Five spiced chicken with sweet chilli egg noodles ▲	Golden Fish Fingers and Chips MSC pollock fish fingers with chips
Vegetarian Section	Spring Veg Frittata and Garlic Focaccia Baked cheese and chive egg frittata packed with spring vegetables ▼	Vegan Quorn Bangers and Mash Quorn sausages with creamy mashed potato and gravy ▼	Cherry Tomato & Rocket Tart Pastry base filled with chunks of butternut squash, beetroot and red onion topped with cherry tomatoes and rocket with a citrus dressing ▼	Sweet Potato Balli with Basmati Rice Lightly spiced sweet potato, chickpea and lentil curry with rice ▼	Quorn Brunch Muffin Quorn patty with homemade tomato sauce and cheese in an English muffin with chips ▼
Packed Lunch	Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit				
Jacket Potatoes	Crispy Skin Jacket Potato with Toppings ◆				
The Finale	Italian Orange Cake Zingy orange cake made with polenta	Banana Bread & Butter Pudding with Custard Layers of crusty bread, sliced banana and baked sweet egg custard	Honey Picnic Flapjack Home baked jumbo oats, plump sultanas and natural honey	Berry Eton Mess Crushed meringue and berry rippled cream	Cookie & Shake Oat Cookie & Chocolate Milkshake

THEME DAYS

Road Trip Wales

Road Trip England

Summer Party

We offer seasonal vegetables, bread, yoghurt and fruit daily.
(allergy information is available)

Spring/Summer
2019

FOOD FESTIVAL

By Aspens

w/c 4th Mar, 25th Mar, 15th Apr, 6th May, 27th May, 17th Jun, 8th Jul, 29th Jul, 19th Aug, 9th Sept, 30th Sept

WEEK TWO

THEME DAYS

Road Trip
Wales

Road Trip
England

Summer
Party

We offer seasonal
vegetables, bread,
yoghurt and
fruit daily.
(allergy information
is available)

	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Main Event	Cheesy Mozzarella Pizza Wholemeal rich pizza base topped with fresh tomatoes and basil served with oven baked potato wedges	Beef Bolognese and Spaghetti Lean minced beef with garlic and traditional tomato sauce with spaghetti ▲	Lemon Roast Chicken and Roasties Chicken fillets roasted with lemon with crispy roasties, sage and onion stuffing and gravy ▲	All American Turkey Twist Burger and Wedges Lean minced turkey patty with BBQ sauce in a bun with lime potato wedges ▲	Crispy Battered Fish and Chips MSC fillet of lightly battered fish with chips
Vegetarian Section	Wholemeal Penne Pasta Neapolitan Freshly cooked pasta with chunky tomato sauce ▼	Cheddar Cheese and Spinach Quiche with New Potatoes Baked pastry case filled with red onion, baby spinach, tomatoes and cheese with new potatoes ▼	Quorn Roast and Roasties Quorn Roast with crispy roasties, sage and onion stuffing and gravy ▼	Chunky Chilli Tacos Fajita spiced mixed beans and peppers with tangy salsa and crispy taco shell ▼	Picnic Pitta Fresh pitta pocket stuffed with a Quorn dippers and minty cucumber salad with chips ▼
Packed Lunch	Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit				
Jacket Potatoes	Crispy Skin Jacket Potato with Toppings ◆				
The Finale	Tiramisu Trifle Pot Soft cheese, cream, layered with sponge and chocolate	Toffee Apple Tart and Custard Baked pastry case filled with apples topped with cornflakes	Ice Cream Tub Vanilla ice cream with fruity toppings	Mini Chocolate Brownie Reduced sugar chocolate brownie served with a fresh orange wedge	Cookie and Shake Ginger Cookie and Vanilla Honey Shake

Spring/Summer
2019

FOOD FESTIVAL

By Aspens

w/c 11th Mar, 1st Apr, 22nd Apr, 13th May, 3rd Jun, 24th Jun, 15th Jul, 5th Aug, 26th Aug, 14th Sept

WEEK THREE

MONDAY
Authentic Italian

TUESDAY
Family Faves

WEDNESDAY
Baking British

THURSDAY
Food Festival

FRIDAY
Fun Day

THEME DAYS

Main Event

Broccoli and Salmon Pasta Bake
Flaked salmon and fresh broccoli with pasta baked in a tomato and basil sauce

Root Mash Topped Cottage Pie
Lean minced beef and onion gravy topped with carrot and swede mash ▲

Gammon and Roasties
Slow roasted gammon with sticky pineapple pieces and crispy roasties ▲

Punjabi Butter Chicken and Rice
Marinated chicken thigh pieces in a buttery curry sauce with rice ▲

Golden Fish Fingers and Chips
MSC Pollock Fish Fingers with chips

Road Trip Wales

Vegetarian Section

Firecracker Pizza and Wedges
Wholemeal rich pizza base topped with chilli spiced peppers served with oven baked potato herby wedges ▼

Smokey Quorn Meatballs and Rice
Garlic, lime and coriander Quorn meatballs with turmeric yellow rice ▼

Super Green Veggie Lasagne
Spinach, courgette, pea, mint and basil layered with sheets of lasagne and soft cheese ▼

Butternut Squash Risotto
Roasted butternut squash, rosemary, mixed beans and cooked with rice ▼

Cheese and Marmite Muffin with Chips
Savoury wholemeal muffin with cheese, cherry tomatoes and marmite with chips ▼

Road Trip England

Packed Lunch

Pick and Mix Deli – Freshly Filled Sandwich or Roll, Healthy Snack, Home Bake and Piece of Fruit

Jacket Potatoes

Crispy Skin Jacket Potato with Toppings ◆

Summer Party

The Finale

Apricot Biscotti and Lemon Yoghurt
Twice cooked Italian style apricot biscuit with lemon yoghurt

Butterscotch Tart
Homemade butterscotch sauce in a baked pastry case

Magic Chocolate Pudding
Baked self-saucing chocolate sponge pudding

Carrot and Pineapple Muffin
Carrot and pineapple muffin spiced with cinnamon

Cookie and Shake
Lemon Cookie and Berry Milkshake

We offer seasonal vegetables, bread, yoghurt and fruit daily.
(allergy information is available)